



Yat Ka Yan at Fortune Centre

Description

If you are in and around the central business district and are looking for a place to have homemade desserts and snacks let me introduce you to Yat Ka Yan at Fortune Centre.

Yat Ka Yan is located on the 2nd floor of Fortune Centre. Fortune Centre is located next to the popular Kwan Im Thong Hood Cho Temple and Sri Krishnan Temple. If you are familiar with Si Ma Lu then you would be familiar with this shopping centre.



In recent times, Fortune Centre has gone through a bit of a rejuvenation. It is now an extremely lively

and vibrant mall, especially in the first two levels. There are many cafes, restaurants and bars. Of course, there are many vegetarian options as well.



Yat Ka Yan has affordable and delicious desserts. The name is a direct translation of how ??? is to be pronounced in Cantonese. As a disclaimer, I am Cantonese myself and I do not think this represents Cantonese desserts. However, this place does have the whole Hong Kong vibe going on. From its floor

tiles, old school tables and chairs to the rustic Jacky Chan movie posters plastered on the walls. This truly feels like Hong Kong in the middle of Singapore.



The options were ample and prices were generally affordable when compared to the prices you would expect to pay at food courts around the area.



HOT DESSERTS 熱甜品

MINI SOUP SET OF 3 + 小三圓	\$6.50
YAM PASTE 芋泥	\$5.80
MSW DURIAN MOUSSE 貓山王慕思	\$7.50
SESAME PASTE + 芝麻糊	\$4.50
ALMOND CREAM + 杏仁露	\$4.50
WALNUT PASTE + 核桃糊	\$4.50
WALNUT ALMOND + 核桃杏仁	\$4.50
WALNUT SESAME + 核桃芝麻	\$4.50
ALMOND SESAME + 杏仁芝麻	\$4.00
ALMOND BARLEY BEANCURD + 杏仁腐竹	\$4.00
ALMOND RED BEAN + 杏仁紅豆	\$4.00
ALMOND PURPLE RICE + 杏仁紫米	\$3.50
BARLEY BEANCURD + 薏米腐竹白果	\$3.50
GREEN BEAN RUE HERB + 香草綠豆	\$3.50
RED BEAN LOTUS + 陳皮紅豆	\$3.50
CHENG TNG 清湯	\$3.50
PURPLE RICE W/ COCONUT MILK + 椰漿紫米	\$6.50
YAM PURPLE RICE W/ COCONUT MILK 芋泥椰漿紫米	\$3.50
TANG YUAN GINGER SOUP + 姜湯湯圓	\$4.00
TANG YUAN LONGAN SOUP + 桂圓湯圓	

COLD DESSERTS 冷甜品

CHENDOL 珍多	\$3.60
DURIAN CHENDOL 榴蓮珍多	\$7.50
YAMMY CHENDOL 芋泥珍多	\$6.50
MSW DURIAN MOUSSE 貓山王慕思	\$7.50
AVOCADO SAGO 牛油果西米	\$8.00
CHENG TNG 清湯	\$3.50
FRESH MANGO SAGO W/ ICE CREAM 芒果西米雪山	\$6.50
PURPLE RICE W/ ICE CREAM 椰漿紫米雪糕	\$5.50
YAM PURPLE RICE W/ COCONUT MILK 芋泥椰漿紫米	\$6.50
DURIAN PURPLE RICE W/ ICE CREAM 榴蓮椰漿紫米雪糕	\$7.50
GRASS JELLY W/ TARO & SWEET POTATO BALL 粉圓仙草	\$5.50
GRASS JELLY W/ MANGO / LONGAN 芒果仙草/龍眼仙草	\$5.00
ICE JELLY PASSIONFRUIT W/ SOURSOP 金玉滿堂	\$5.50
CHRYSANTHEMUM JELLY W/ OSMANTHUS 花開富貴	\$5.50
TOPPINGS 配料	
SWEET POTATO BALL & TARO BALL 地瓜芋圓	-\$1.00
GINGER NUT 白果	-\$1.20
LOTUS SEED 蓮子	-\$0.60
TANG YUAN 湯圓	-\$1.20
PEARL 珍珠	-\$1.20
PASSIONFRUIT PEARL 百香果爆蛋	-\$1.20



I just love it when an old-school dessert place like this displays its menu in a haphazard manner. It's like they have been doing this for a long time and they did not really bother with updating the menu because it still works!



This was what I got. Clockwise from the bottom: Fresh Mango Sago with Ice-cream, Durian Mousse and Ice Jelly with Passionfruit and Soursop.

I am not one with a sweet tooth. I do not take desserts very often but our creative director Wilber insisted that we try this on a sweltering Friday afternoon as we were in the area. My verdict: This is not excessively sweet. I steer away from such desserts because they tend to slather on an excessive

amount of syrup. This was not the case at Yat Ka Yan. The servings are just nice for one person even for a person like me who consumes very little dessert. Hence it would suffice to say that you should be ordering more bowls than the number of people that you have. This allows you to try the various dessert options on offer more easily.

While there was nothing special to shout about when it came to the Fresh Mango Sago with Ice Cream and Ice Jelly with Passionfruit and Soursop, the Durian Mousse was extremely good.



That is real durian on top...



I think I might just have busted my daily calorie count for the day with this... but heck.

Wilber thinks there is a better one somewhere in Serangoon (show us where). To me, this is very good and I would come back for more.



If anyone is interested in giving the desserts at Yat Ka Yan a try, here are their opening hours:

Yat Ka Yan ???

Address: 190 Middle Rd, #02-08 Fortune Centre, Singapore 188979

Opening Hours: 1:30 pm to 10 pm (Mondays, Wednesdays and Thursdays), 1:30 pm to 11 pm (Fridays, Saturdays and Sundays), closed on Tuesdays.

Yours sincerely,

Daryl

p.s. There was this bar next to Yat Ka Yan that looked really interesting. I am not into Ramen and I do not consume alcohol. Perhaps my fellow bloggers may pay this a visit in the near future?

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Oh yes, I went back again... Here are some photos of the other options on offer.



Yam Paste



Walnut Sesame



Yam Cake



Chee Chong Fun



Chendol (This is really good)



Tang Yuen Ginger Soup



Mini Soup Set of 3 (You can select three options from those listed with the + icon next to them)

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