

SportCares 2025 Impact Report: 5,865 beneficiaries, Play Inclusive at 2,200 and bursary enrolment at 185

Description

default watermark

SportCares, the charity arm of Sport Singapore (SportSG), reached 5,865 beneficiaries through sport in 2025, according to its 2025 Impact Report, published by SportSG on 5 November 2026. The report covers more than 25 programmes for at-risk youths, children from lower-income families, seniors and persons with disabilities, backed by 425 partners, donors and collaborators.



Wheelchair rugby at a Play Inclusive event, as pictured in the SportCares 2025 Impact Report. Photo: SportCares / Sport Singapore

Fundraising passed S$500,000 in 2025. Of the beneficiaries, 1,443 were children and youths, 505 were seniors and 243 were persons with disabilities.

Youth programmes

Saturday Night Lights, a football programme first held in 2012, has engaged more than 7,000 youths. The HEARTS Football League extends it into competition, and in 2025 more than 400 youths from the programme played in 58 matches across 22 teams, including invited sides from Special Olympics Singapore and the Singapore Cricket Club.

The Community Futsal Programme has reached 1,221 participants since 2017. In 2025 it ran 320 sessions and fielded 14 teams from eight centres. FUN Starters runs regular sport for children aged 5 to 12 from public rental housing and expanded to 10 community partners in 2025.



A SportCares football session, as pictured in the SportCares 2025 Impact Report. Photo: SportCares / Sport Singapore

SportCares also helps with costs. Bursary enrolment rose from 71 in 2024 to 185 in 2025, and more than 200 bursaries have been given out since 2024. Seven new scholarships were awarded in 2025, bringing the number of active scholars to 13. Thirty-eight SportCares youths also gave back, contributing 4,050 hours of volunteering and community service.

Seniors

Morning Exercise for Seniors, launched in June 2022 for isolated and vulnerable seniors, ran more than 400 sessions and grew from nine community touchpoints in 2024 to 14 in 2025. A separate Adaptive Sports Programme equips Active Ageing Centres with adaptive sports equipment. Across 105 centres it recorded 29,375 participant attendances, counted per visit rather than per person, over more than 2,000 sessions.

Disability sport

Play-Ability, the SportCares disability sport programme, engaged 1,899 participants, caregivers and staff in 2025, over more than 7,900 sessions at three Play-Ability locations and public sport facilities, working with a network of 17 special education schools, day activity centres and social service agencies. The SportCares and Li Foundation MultiSport programme added 220 participants across 110 sessions.



Badminton at a Play Inclusive event, as pictured in the SportCares 2025 Impact Report.
Photo: SportCares / Sport Singapore

Play Inclusive 2025 drew 2,200 participants. They included 1,200 athletes and unified partners from 44 special education schools and adult disability organisations and 43 mainstream schools, supported by more than 500 volunteers. SportCares also supported six Communities of Care grantees.

How to take part

SportCares recruits volunteers for Play-Ability, including Sports Buddies, regular befrienders who help the badminton, basketball, tennis and soundball coaches set up and play with participants. Sign-up, donations and details of the Communities of Care grants are on the SportCares section of the SportSG website.

Date Created
10/11/2026
Author
jadeyeo