

SkillsFuture Mid-Career Training Allowance: Who The S$300 Monthly Support Helps

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SkillsFuture is highlighting a Mid-Career Training Allowance for Singapore Citizens aged 40 and above, with eligible individuals able to receive a flat monthly allowance of S$300 for selected part-time long-form training courses. For mid-career workers, that makes course planning less abstract because the support is tied to time away from paid work.

The allowance will not make every course affordable by itself, but it can help workers who are trying to move into a new role without dropping income completely.

Who Should Look Closely

Start with the course, not the allowance. The best use is a programme that leads to a recognisable qualification, a clear career switch or a stronger position in your current sector.

Workers in admin, operations, customer service, logistics, care, finance support and tech-adjacent roles should compare course length, assessment load and employer flexibility before applying.

Practical Checks

Confirm that the course is eligible, check whether you can manage the schedule, and ask your employer about time-off support if you are staying in the same job. A training allowance helps most when the course leads to a concrete next role or skills credential.

The application route starts from SkillsFuture Singapore.

For more Singapore planning reads, try our guides to Singapore Garden Festival 2026, ACM and Peranakan Museum events and SkillsFuture Enterprise Credit.

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