



## Singapore's Gymnasts Head to Glasgow 2026: Everything You Need to Know

### Description

The Glasgow 2026 Commonwealth Games are officially under way, and for Singapore's gymnasts, this is their biggest collective moment in years. Eight athletes have made the journey to Scotland, ready to represent the city-state in Artistic Gymnastics across five days of competition beginning on 24 July. For a sport that demands years of sacrifice and relentless training, reaching the Commonwealth Games stage is a milestone in its own right – and this squad has earned it.



Team Singapore received their official send-off at the Flag Presentation Ceremony on 6 July 2026. Â© Singapore National Olympic Council

## The Team

Singapore Gymnastics officially announced the eight-strong squad on 15 June 2026. In Menâ??s Artistic Gymnastics (MAG), the selected athletes are Jovi Loh, Asher Pua and Abdulattif Abdul Barr. The Womenâ??s Artistic Gymnastics (WAG) team comprises Amanda Yap, Emma Yap, Emma Goh, Alena Tan and Charlotte Phoon.

The selection â?? five women and three men â?? reflects the depth Singapore has built across both disciplines in recent years. The federationâ??s selection process is rigorous, with only athletes who meet the highest performance benchmarks considered for major games representation. For several members of this squad, Glasgow will mark their first experience of the Commonwealth Games.

## The Wider Team Singapore Picture

Singaporeâ??s full contingent numbers 53 athletes â?? 22 women and 31 men â?? competing across seven sports and nine disciplines: Athletics, Basketball, Cycling (Track), Artistic Gymnastics, Bowls,

Para Bowls, Swimming, Para Swimming and Weightlifting. It is a broad, ambitious squad that reflects Singapore's continued aspirations as a multi-sport nation at a major games.

The Games opened today, 23 July 2026, with Singapore's flagbearers at the Opening Ceremony being swimmer Gan Ching Hwee and para bowler Mawjit Singh s/o Gurmet Singh. Gan, competing in her first Commonwealth Games, called the honour one that "means a great deal" to her. Mawjit's story of overcoming a serious accident to carry the national flag at the highest level is one of the most powerful narratives of these Games. Chef de Mission Lau Kok Keng leads the delegation, supported by Assistant Chef de Mission Terry Tay.

## What Singapore's Gymnasts Will Be Competing In

Artistic gymnastics at the Commonwealth Games features events across multiple apparatus. The men's programme includes the floor exercise, pommel horse, rings, vault, parallel bars and horizontal bar with individual apparatus finals, an all-around competition and a team event. Women compete on vault, uneven bars, balance beam and floor exercise, with comparable individual finals and an all-around.

Singapore has historically shown strong potential in the women's discipline, and all eyes will be on the WAG squad particularly sisters Amanda and Emma Yap, who have represented Singapore across the international competition circuit. The MAG trio of Loh, Pua and Abdul Barr, meanwhile, will be determined to make their mark in what for some will be a first Games appearance.

## The Stakes

At Birmingham 2022, Team Singapore delivered an impressive 12 medals – four gold, four silver and four bronze – across multiple sports. The gymnasts will be looking to contribute to a similarly strong showing in Glasgow, though the competition across the Commonwealth is formidable, with Australia, England, Canada and India regularly fielding world-class gymnastics contingents.

The exposure and experience gained at a Games of this magnitude is invaluable regardless of result. For several athletes on this squad, Glasgow 2026 could be the springboard for an extended international career. Live results and schedules are available on the [Glasgow 2026 official website](#), and the full Team Singapore contingent can be followed through the [Singapore National Olympic Council](#).

For more Singapore sport coverage on LBRD, see [Tour de France 2026: Philipsen Ends Wait With Brilliant Stage 17 Sprint in Voiron](#) and [Shanti Pereira Eyes Glasgow 2026 Glory as Singapore Athletics Targets Commonwealth Games Podium](#).





Singapore Gymnastics athletes preparing for Glasgow 2026. Â© Singapore Gymnastics

**Date Created**

23/07/2026

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