



Shanti Pereira Eyes Glasgow 2026 Glory as Singapore Athletics Targets Commonwealth Games Podium

Description

With the Glasgow 2026 Commonwealth Games just days away, Singapore athletics is preparing for its most anticipated Games campaign in years. At the heart of those hopes stands Shanti Pereira – sprint queen, Asian Games champion, and the fastest woman in Singapore’s history. As Team Singapore readies for the journey to Scotland, here is everything you need to know about Singapore’s athletics prospects at Glasgow 2026.

Shanti Pereira: Singapore’s Most Exciting Track Prospect

Shanti Pereira is, quite simply, the most compelling Singaporean track athlete of her generation. The 29-year-old has spent the better part of a decade establishing herself as one of Asia’s finest sprinters across the 100m, 200m and sprint relay events.

Her career highlight came at the 2023 Asian Games in Hangzhou, where she won gold in the 200m – an extraordinary achievement that placed her among the continent’s elite. At the 2025 SEA Games, she defended both her 100m and 200m titles, underscoring her remarkable consistency at the top of regional competition. Few Singaporean athletes have managed to sustain excellence at that level across multiple Games cycles.



Singapore's athletics team in training ahead of the Glasgow 2026 Commonwealth Games. Source: Singapore National Olympic Council (singaporeolympics.com)

At Glasgow 2026, Shanti will compete in the 100m, 200m and both the 4x100m and 4x400m relays. The 200m is her strongest individual medal prospect – the event in which she has shown the most explosive development over the past three years. Commonwealth Games sprinting is fiercely contested, with athletes from England, Jamaica and Canada consistently setting the bar, but Shanti has earned the right to be taken seriously on any stage.

Team Singapore at the Glasgow 2026 Commonwealth Games

The Glasgow 2026 Commonwealth Games run from 23 July to 2 August, with Singapore sending a contingent of 53 athletes across a broad range of sports. It is one of the largest Teams Singapore has assembled for a Commonwealth Games campaign, reflecting both the depth of Singapore's sporting programme and the confidence the national sports system has placed in this generation of athletes.

At the flag presentation ceremony on 6 July, Singapore's flag bearers were named as Gan Ching Hwee (swimming) and Mawjit Singh (para bowls) – a pairing that reflects the diversity and ambition of Singapore's Glasgow squad. [Singapore's swimming team are among the other medal hopefuls at Glasgow](#), making this a potentially strong Games overall for the red and white.



Team Singapore athletes at the flag presentation ceremony on 6 July 2026 ahead of the Glasgow 2026 Commonwealth Games. Source: Singapore National Olympic Council (singaporeolympics.com)

For a broader look at [Team Singapore's full medal prospects and athletes to watch at Glasgow 2026](#), see our full squad preview.

Athletics at Glasgow 2026: Shanti's Events and Key Dates

Athletics is traditionally one of the most competitive disciplines at the Commonwealth Games. The track and field programme at Glasgow 2026 will take place in the latter half of the Games – through the final days of July and into 2 August – ensuring a dramatic climax to Singapore's campaign in Scotland.

In the 200m, Shanti faces strong competition from Commonwealth nations with deep athletic traditions. Her best times, however, are competitive at this level. Her experience from previous major Games – including the 2022 Commonwealth Games in Birmingham – will be invaluable when it matters most. She will not be overawed by the occasion.

The 4×100m relay is another event where Singapore can threaten the medal positions. With a well-drilled relay squad built around Shanti's pace on the anchor leg, Singapore's women's relay team has the potential to deliver a result. Track fans should check local broadcast listings – some events will be available live on Mediacorp channels or via the official Commonwealth Games streaming platform.

What to Expect and How to Follow

Realistic expectations matter. The Commonwealth Games attracts nations with formidable athletic traditions, and podium success at this level is never a given. But Shanti Pereira has shown time and again that she belongs in the conversation at the highest level of Asian and Commonwealth sprinting. A podium finish in the 200m would represent a landmark moment for Singapore athletics – and it is not out of the question.

Singapore fans should mark their calendars for late July. The athletics events at the Glasgow 2026 Commonwealth Games will be broadcast across the week, and Shanti's races are ones you will not want to miss. With the Games beginning on 23 July, one of Singapore sport's most compelling stories is about to enter its most exciting chapter yet.

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Author

jadeyeo