



Ronda Rousey Submits Gina Carano In 17 Seconds On Netflix MMA Return

Description

Singapore MMA fans who opened Netflix this morning got a main event that lasted just 17 seconds.

Ronda Rousey beat Gina Carano by submission at 0:17 of round one, finishing their long-discussed comeback fight with the armbar that defined the peak of her UFC run. The card streamed from Intuit Dome in Los Angeles on Saturday night in the United States, which put the action on Sunday morning, 17 May, for viewers in Singapore.



Ronda Rousey and Gina Carano after their Netflix MMA main event at Intuit Dome.

The Result

Rousey vs Carano was booked as a featherweight main event at 145lb. Rousey weighed in at 142lb, while Carano came in at 141.4lb before the bout.

The fight barely had time to settle. Carano opened with a leg kick, Rousey shot in immediately, and the exchange moved to the mat within seconds. Carano briefly looked for a guillotine, but Rousey cleared the danger, advanced into mount and locked up the armbar before the first minute had even begun.



Rousey finished the fight with her signature armbar 17 seconds into round one.

The official result: Ronda Rousey defeated Gina Carano by submission, armbar, at 0:17 of round one.

Why It Felt Bigger Than The Time

The finish was short, but the booking carried a lot of MMA history. Rousey was one of the sport's most important crossover champions, while Carano was one of the names that gave women's MMA mainstream visibility before the UFC built a women's division around Rousey's rise.

That is why the result will be read in two ways. In competitive terms, it was ruthless: Rousey took the shortest route to her best weapon and ended it before Carano could build any rhythm. In legacy terms, it was also a strange, emotional piece of combat-sports time travel, with two pioneers meeting long after the fight would have made the most competitive sense.



The bout headlined Netflix's first live MMA event with Most Valuable Promotions.

What Singapore Viewers Need To Know

The event was Netflix's first live MMA broadcast with Most Valuable Promotions, and it was included in Netflix plans rather than sold as a separate pay-per-view. That matters for Singapore fans because this was not a niche overseas feed tucked away behind a fight pass. It was a mainstream streaming event that sat beside Netflix's growing live sports push.

The wider card also included Nate Diaz vs Mike Perry and Francis Ngannou vs Philippe Lins, but Rousey-Carano will dominate the conversation because of how quickly it ended. A heavily promoted comeback fight can sometimes drag into caution. This one gave viewers a clean answer almost immediately.

For anyone catching up after the morning stream, the key detail is simple: Rousey did not just win. She won with the exact finish people associate with her, in the opening exchange, against an opponent whose own comeback had been built around a 17-year gap from MMA competition.

Netflix subscribers can find the event under [Ronda Rousey vs. Gina Carano](#), and the [Los Angeles fight card](#) covers the rest of the matchups from the event. For more local and international sport updates, follow Little Big Red Dot's [Sports](#) section.

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