Premier League Relegation Battle 2026: West Ham vs Newcastle Could Send Spurs Safe

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The Premier League relegation battle 2026 reaches its most dramatic juncture this weekend as Matchweek 37 arrives with two clubs still fighting for their top-flight lives. Tottenham Hotspur sit two points clear of 18th-placed West Ham United with just two matches left to play â?? and Sundayâ??s clash between West Ham and Newcastle United at St Jamesâ?? Park could decide who stays up and who drops into the Championship.

Premier League Relegation Battle 2026: The State Of Play

Burnley and Wolverhampton Wanderers are already confirmed as two of the three relegated sides. The third spot remains agonisingly undecided. West Ham sit in 18th, needing results to go their way to survive. Tottenham have a two-point cushion in 17th but cannot afford complacency â?? the gap can disappear within ninety minutes.

Spursâ?? situation was tested severely on Monday night when they drew 1-1 with Leeds United at Tottenham Hotspur Stadium. Mathys Telâ??s stunning curled effort after the break gave the home side the lead, only for Dominic Calvert-Lewin to convert a controversial penalty after a VAR review. A Kinsky double save in injury time was all that stood between Spurs and defeat â?? goalkeeper Antonin Kinsky tipping a fierce Sean Longstaff drive onto the bar in the 98th minute to preserve the point. It was the kind of night that ages supporters, but the four-game unbeaten run continues.

Source: West Ham United official website (whufc.com)

West Hamâ??s Final Throw Of The Dice At St Jamesâ?? Park

West Ham United travel to St Jamesâ?? Park on Sunday evening (kick-off 17:30 BST) knowing that anything less than a victory will almost certainly condemn them to relegation. The Hammers have had a torrid run â?? two straight defeats without scoring â?? and their most recent loss came away at Arsenal despite a disallowed goal that had the London Stadium faithful incandescent. It was a bitter blow to a side scrapping with everything they have.

Newcastle United, for their part, are a side with nothing to fear and nothing to lose. Their home form this season has been below their usual standards, which gives West Ham some cause for hope. Newcastle

have key players missing, including Emil Krafth, Fabian SchÃ¤r, Valentino Livramento and Lewis Miley, which could leave gaps that a desperate West Ham side might exploit.

For the Hammers, the formula is simple: win, and stay alive heading into the final round. A draw or defeat, and Tottenham only need a point from their last two games to be safe. The pressure on West Ham is immense.

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Source: West Ham United official website (whufc.com)

Spurs Survival Equation: Two Games To Close It Out

Tottenhamâ??s remaining fixtures are against Chelsea (FA Cup Final day weekend aside) and one more match to see out the season. With four games unbeaten and survival in their own hands, the mood around Spurs is cautious but not hopeless. Pedro Porro has been one of their standout performers in the run-in, and the return of James Maddison from a long-term injury â?? making his first competitive appearance in over a year from the bench against Leeds â?? was a timely boost to morale.

It would, of course, be one of the great Premier League survival stories if Spurs pull through after spending so much of the campaign in the bottom three. It would equally rank among the great escape failures if West Ham â?? with all their resources and history â?? drop through the trapdoor at the final hurdle.

For context on how this title-and-relegation season has evolved, see our earlier coverage: EPL Title Race 2026: Arsenal Two Wins From History and Aston Villa 1-2 Tottenham: The Vital Win That Gave Spurs Hope. Stay across all the drama in our Sports section.

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Author
jadeyeo

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