



Personal Financial Stocktake: Reconcile Net Worth and Cash Flow

Description

Net worth and cash flow answer different questions. List assets and debts at one date, then income and expenses over one month; link loan balances, repayments and investment contributions so the two views do not contradict each other.

The practical task is to build a dated net-worth statement and monthly cash-flow statement, then reconcile the blind spots. A sound decision separates the controlling condition from convenience, then records the evidence before money, travel, work or a deadline makes the choice harder to reverse.

Choose the branch before acting

Situation	Practical next step
Net worth is positive but cash flow is negative	Find illiquid assets and recurring outflows before investing
Cash flow is positive but debt is expensive	Compare repayment return with investment risk
Balances cannot be reconciled	Trace transfers and exclude double-counted assets
The statement is complete	Set one action and a review date

Date the balance sheet

[MoneySense taking stock guide](#) states the controlling point used here: MoneySense recommends listing income, expenses, loan repayments, insurance premiums and taxes to understand financial position. Asset and debt values from different dates create a false net worth. Use one valuation date

For date the balance sheet, this becomes consequential when • Net worth is positive but cash flow is negative• applies. The next move is to find illiquid assets and recurring outflows before investing, but only after the underlying condition has been verified and dated.

Value conservatively

A purchase price is not always a current realisable value. Record basis and haircut

For value conservatively, record the result as confirmed, pending or not applicable. If it is still pending, do not let a convenient assumption close the gap; identify the person or service that can resolve it and the last safe time to ask.

Capture every liability

Cards, instalments and tax due can sit outside bank balances. Use statements and notices

For capture every liability, this becomes consequential when â??Balances cannot be reconciledâ?• applies. The next move is to trace transfers and exclude double-counted assets, but only after the underlying condition has been verified and dated.

Measure a full month

[MoneySense managing money guide](#) states the controlling point used here: MoneySense explains saving first, setting a budget and reviewing whether spending remains within income. One unusually quiet week is not a budget. Include annual costs monthly

For measure a full month, record the result as confirmed, pending or not applicable. If it is still pending, do not let a convenient assumption close the gap; identify the person or service that can resolve it and the last safe time to ask.

Link transfers

Savings and investment transfers should not appear as both expense and asset loss. Reconcile destination accounts

For link transfers, this becomes consequential when â??Net worth is positive but cash flow is negativeâ?• applies. The next move is to find illiquid assets and recurring outflows before investing, but only after the underlying condition has been verified and dated.

Choose one intervention

A large workbook without an action does not improve finances. Assign amount, owner and review date

For choose one intervention, record the result as confirmed, pending or not applicable. If it is still pending, do not let a convenient assumption close the gap; identify the person or service that can resolve it and the last safe time to ask.

A two-statement template linking assets and debts to monthly income, expenses and transfers

Start with Date the balance sheet, then test Value conservatively and Capture every liability. Show the input, the condition applied and the resulting action in separate columns. If a number is calculated, retain the arithmetic; if a route is selected, retain the branch that ruled out the alternative.

Input or condition	Evidence to keep	Decision it changes
Net worth is positive but cash flow is negative	Use one valuation date	Find illiquid assets and recurring outflows before investing
Cash flow is positive but debt is expensive	Record basis and haircut	Compare repayment return with investment risk
Balances cannot be reconciled	Use statements and notices	Trace transfers and exclude double-counted assets

A reconciliation test for double-counted savings, annual bills, card balances and illiquid assets

Use Measure a full month, Link transfers and Choose one intervention as the verification pass. Check the live condition, note the time checked and keep the response or document that supports the conclusion. Unknowns remain visible until resolved; they should not be replaced by a guessed price, deadline, eligibility result, service level or operating detail.

Worked example

A household has positive net worth because of CPF and home equity, but cash is falling by S\$700 monthly. The stocktake shows annual insurance and school expenses were omitted from the monthly budget, while investment transfers were counted as spending without showing the destination asset. Correcting both reveals the true shortfall and the amount that must change.

The example is a calculation or decision model, not a guarantee. Change one material input at a time, preserve the original inputs and recheck the live authority or operator page before relying on the result.

Reproduce the decision independently

Read the evidence in the order the real decision occurs. Confirm who or what is covered, isolate every date, amount, location and document, then have another person rebuild the conclusion from the saved material. A correct rule attached to the wrong person, product, property, journey or date is still a wrong answer.

Keep eligibility, cost, timing, approval and suitability in separate rows. Passing one control does not cure a failure in another. Where a transition or future change is involved, record both the current condition and the next change date, then schedule a fresh check.

Before you commit

1. Find illiquid assets and recurring outflows before investing.
2. Compare repayment return with investment risk.
3. Trace transfers and exclude double-counted assets.
4. Set one action and a review date.
5. Save the date and evidence used for every material condition.
6. Stop and ask the controlling authority, operator or qualified professional if a disputed fact changes the outcome.

Separate product classification, objective, time horizon, capacity for loss, liquidity need and total cost. A product can be permitted for sale and still be unsuitable for the person, amount or holding period.

Limits

Values can be uncertain and home equity or retirement balances may not be readily spendable. This is a planning exercise, not financial advice.

For an adjacent live guide, see [Basic Financial Planning Guide: Test Five Benchmarks](#). If the next decision shifts to a second practical issue, [Portfolio Rebalancing: Calculate Drift Before You Trade](#) provides the relevant progression without duplicating this primary intent.

Date Created

18/08/2026

Author

rachelng