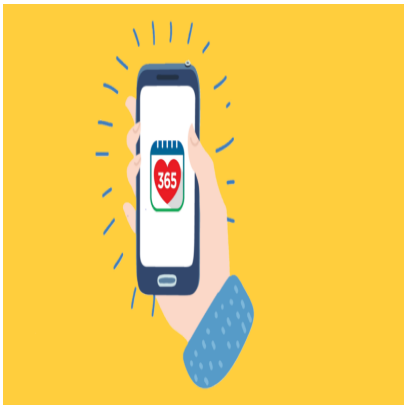


PA HealthierSG fitness on OnePA: Fernvale, Pasir Ris East and Palmview

Description

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Peopleâ??s Association fitness courses tagged HealthierSG show up as partner events on the Healthy 365 app, but booking finishes on OnePA. HPBâ??s Healthy 365 FAQ says Peopleâ??s Association events redirect to the OnePA booking site when you tap Book Now.



Healthy 365 shows Peopleâ??s Association partner events; booking for PA courses completes on OnePA. Photo: Health Promotion Board

Three November courses still open on OnePA

Cardio Dance Fitness (HealthierSG) at Fernvale CC starts on Friday 20 November 2026 and runs to 18 December: five sessions, 10am to 11am, for 10 to 25 participants. OnePA lists the fee as S$68.75 to S$78.75 for the term. Registration closes on 18 November. Bring a water bottle and towel and wear sports attire and shoes. Classes open with a 10 to 15 minute warm-up, move into a 35 to 40 minute aerobic dance block and end with a five-minute cool-down stretch.

Aerobics (HealthierSG) at Pasir Ris East CC starts on Wednesday 18 November 2026 and runs to 6 January 2027: eight sessions, 8pm to 9.15pm. OnePA lists the fee as S$85 to S$90 for the term. Registration closes on 18 November.



OnePA Sports and Fitness course artwork. Image: Peopleâ??s Association / OnePA

Pilates MatWork (HealthierSG) at Ang Mo Kio-Hougang Palmview Residentsâ?? Network is a single session on Tuesday 10 November 2026, 7.30am to 8.30am, for S$11.80. Registration closes on 10 November; the class takes up to 16 people, so check current availability on OnePA. The listing frames it as mat-based work for flexibility, strength and body awareness without bulk.

How Healthy 365 and OnePA fit together

Healthy 365 shows partner organisation events from agencies such as SportSG (shown as ActiveSG) and the Peopleâ??s Association. For PA programmes you are sent to OnePA to complete registration. Cancellations follow PAâ??s own terms; HPBâ??s no-show penalties apply only to its MOVE IT sessions. Fernvaleâ??s listing, for example, gives no refunds once paid unless the CC cancels or reschedules.







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OnePA is the Peopleâ??s Association booking site for CC and RN fitness courses. Photo: Peopleâ??s Association

Search the course title on onepa.gov.sg, or open the partner event inside Healthy 365 and follow the redirect. Places are first come, first served, and OnePA confirms a booking only after payment.

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