

NHG Healthiverse 2026: Bukit Canberra Public Health Festival Guide

Description

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NHG Healthiverse 2026 runs on 29 and 30 May at Bukit Canberra Integrated Hub. ActiveSG Circle lists it as the flagship public health festival in Central and North Singapore, with National Healthcare Group and partners aiming to add 15 million years of healthy life.

For residents in the north, this is a practical health outing rather than a formal medical appointment. The timing is 3pm to 6.30pm, which makes it easier to visit after school or work.

Who Should Consider Going

The event is most useful for families, caregivers and residents who want to understand preventive health, community programmes and healthier routines in a less clinical setting. Bukit Canberra also makes sense as a venue because it already combines sport, community and health facilities.

If you are managing a chronic condition or caring for an older family member, use the festival to learn what support exists, then follow up through the proper healthcare channels for individual advice.

Planning Notes

The event runs on 29 and 30 May 2026 from 3pm to 6.30pm. Confirm programme details, queue expectations and any registration requirements close to the date.

Bukit Canberra can get busy during community events, so public transport or an early arrival will make the visit easier.

Location

Bukit Canberra Integrated Hub, Singapore
Google Maps | Apple Maps

Official details: ActiveSG Circle NHG Healthiverse 2026.

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