



## [Media Release] Wan Qing Dragon Boat Festival Open House 2024

### Description

Come together for fun and exciting activities to celebrate Chinese arts, culture, and heritage at the Wan Qing Dragon Boat Festival 2024!

Discover the story and traditions behind the Dragon Boat Festival, one of the oldest cultural festivals in the world. Revel in the festival's rich historical and cultural significance through a line-up of activities including rice dumpling and mocktail-making workshops, live performances, walking tours, storytelling sessions, and more during the weekend open house.

For more information about the Wan Qing Dragon Boat Festival 2024, please visit Sun Yat Sen Nanyang Memorial Hall's website (<https://www.sysnmh.org.sg/en>) and Facebook page (<https://www.facebook.com/sysnmh>) or follow the Memorial Hall on Instagram (@sysnmh).

### Workshops

#### **1. Chinese Mugwort Scented Candle Making Workshop**

*(Supported by Sing Kong Whee Candles)*

Date: 8 June 2024

Time: 10 am – 11.30 am

Admission: \$25 per pax; purchase tickets via <https://wanqingyuan.peatix.com>. Tickets available from 15 May 2024, 6 pm onwards.



Recommended for participants at least aged 6 years and above. The workshop is conducted in English.

Discover the cultural significance of Chinese mugwort, traditionally hung during the Duanwu Festival for its natural repellent properties, and learn how to make a Chinese mugwort-scented candle in this hands-on workshop! The workshop is facilitated by Simple Kindle, is the lifestyle brand of Sing Kong Whee Candles, a heritage brand since the 1950s. Join us to gain a unique cultural insight and a natural, earthy, and herbal aromatic addition to your home. In this 90-minute workshop, participants will learn the finer art of candle-making and craft a 240ml candle from scratch.

## **2. Parent-Child Tri-colour Quinoa Rice Dumpling Making Workshop**

*(Supported by Bak Chang Queen)*

Date: 8 June 2024

Time: 1 pm - 2.30 pm

Admission: \$38 per pair; purchase tickets via <https://wanqingyuan.peatix.com>.  
Tickets are available from 15 May 2024, 6 pm onwards.



Recommended for children aged 8 years and above. The workshop is conducted in Mandarin.

Valued in ancient times for its taste and perceived health benefits, rice dumplings were served as a nutritious and balanced meal for good health and vitality during the summer season. In this parent-child workshop, you and your child will work together to make a healthier rice dumpling filled with quinoa, savoury meat, mushrooms, and other flavourful ingredients. May Lin from Bak Chang Queen will guide participants through each step of the process, providing helpful tips and insights on making rice dumplings. Participants will bring home the dumpling that they have made and a cooked dumpling to enjoy at home.

### **3. Build & Power Your DIY Dragon Boat Workshop**

*(Supported by Terra Minds Education)*

Date: 8 June 2024

Time: 3 pm - 4 pm, 4.30 pm - 5.30 pm

Admission: \$20 per pax; purchase tickets via <https://wanqingyuan.peatix.com>. Tickets available from 15 May 2024, 6 pm onwards.

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Recommended for participants aged 6 - 9 years old only. The workshop is conducted in English.

Learn and explore the different ways a boat can be powered in this STEAM workshop! Children will get to build and decorate their DIY dragon boat and experiment with testing the elastic power of various materials. Using the significance of dragon boating during the Duanwu Festival, Terra

Minds brings science and heritage together in this fun, water-filled activity.

#### **4. Hakka Aicao Kueh Making Demonstration Class**

*(Supported by Cui Nyonya Kueh)*

Date: 9 June 2024

Time: 1 pm - 2.30 pm

Admission: \$10 per pax; purchase tickets via <https://wanqingyuan.peatix.com>. Tickets available from 15 May 2024, 6 pm onwards.

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Recommended for participants aged 13 years and above. The activity is conducted in English and Mandarin.

Join Cui Nyonya Kueh in this workshop to learn the art of making Hakka Aicao Kueh. Aicao, also known as Chinese mugwort, brings a wealth of health benefits when consumed and

is even said to help rheumatism. With helpful tips and insights, participants will learn how to make the aicao kueh from scratch in this cooking demonstration class. Participants will also get to sample two different types of aicao kueh with different fillings, freshly made from the class.

### **5. Tea-infused Mocktail Making Workshop**

*(Supported by W XYZ Bar)*

Date: 9 June 2024

Time: 4 pm - 5.30 pm

Admission: \$38 per pair; purchase tickets via <https://wanqingyuan.peatix.com>.

Tickets are available from 15 May 2024, 6 pm onwards. Tickets are sold in pairs.



Recommended for participants aged 5 years and above. The workshop will be conducted in English.

Come beat the heat with healthy, refreshing tea-infused mocktails in this workshop. With the fifth lunar month typically being the hottest month of the year, join our Tea-infused Mocktail Making Workshop and learn to create your very own mocktails. Learn from the mixologist of W XYZ Bar to create refreshing Zesty Zeros, a mocktail created specially for this workshop, and build your mocktail with a selection of herbs and fruits. Each pair of participants will also bring home a cocktail shaker to continue making their mocktails.

Free Activities

**6. Public Talk    Dragon Boat Festival: Beyond the Rice Dumplings**

Date: 9 June 2024

Time: 10.30am    11.30am

Admission: Free, limited seats available.



The talk is conducted in Mandarin.

First introduced with the migration of Chinese to Singapore, the traditions of Dragon Boat Festivals have simplified over time. Practices such as wearing perfume sachets and hanging calamus leaves and mugwort leaves to ward off evil may have faded, but eating rice dumplings and dragon boat racing have endured through time. This public talk dives into the festival's origins, the evolution of its customs, related children's songs, delicacies, and dragon boat racing in Singapore.

### About the Speaker

#### **Mr Lee Kok Leong**

Lee Kok Leong was educated both in Singapore and the United Kingdom. Over time, he set aside his expertise in naval engineering and delved deeply into the exploration of local history and heritage. He has published many books including *Dan Yan Ji Yue Yang Ren* (ââââââ) and *Guang Dong Ma Jie* (ââââââ). His publications were nominated for the Singapore Book Prize (non-fiction) and Lianhe Zaobao's Top Ten Books of the Year. He is currently also the curator and researcher for Kwong Wai Shiu Hospital Heritage Gallery and Peck San Theng Heritage Gallery.

#### **7. Storytelling Sessions: Tales of Dragon Boat Festival**

*(Supported by Speak Good English Movement and Speak Mandarin Campaign)*

Date: 8 June 2024 (Mandarin), 9 June 2024 (English)

Time: 11.30 am â 12.30 pm, 2 pm â 3 pm

Admission: Free



Storytelling Session - Tales of Dragon Boat Festival (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

Be swept away with enthralling tales in our popular storytelling sessions! Discover the legends and myths behind well-loved Chinese stories as local authors and veteran storytellers bring you on a literary adventure.

### 8. Drop-in Craft Station: DIY Duanwu Scented Sachets

Date: 8 & 9 June 2024

Time: 10.30 am - 5.30 pm

Admission: Free



Drop-in Craft Station â?? DIY Duanwu Scented Sachets (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

In ancient times, it was common for people to carry with them sachets filled with Chinese mugwort during the Dragon Boat Festival to protect against venomous animals due to the herbâ??s natural repellent properties. Come make your scented sachets at our drop-in craft station to experience this traditional practice.

### **9. Drop-in Craft Station: DIY Duanwu Five-colour Bracelet**

Date: 8 & 9 June 2024

Time: 10.30 am â?? 5.30 pm

Admission: Free



Drop-in Craft Station - DIY Duanwu Five-colour Bracelet (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

The five different coloured threads in a five-colour bracelet are said to represent the elements of wood, fire, earth, metal and water. According to Chinese folklore, it is believed that wearing a five-colour bracelet can help children ward off evil spirits and diseases during the

Duanwu period. Parents craft these bracelets for their children in hopes of protecting their children against evil spirits and misfortunes during the Dragon Boat Festival. Come make your five-colour bracelet at our drop-in craft station today!

### 10. Drop-in Activity Station: Rice Dumpling Wrapping Station

Date: 8 & 9 June 2024

Time: 10.30 am - 5.30 pm

Admission: Free



Drop-in Activity Station - Rice Dumpling Wrapping Station (Courtesy of Sun Yat Sen Nanyang Museum)

From the folding of leaves, filling the rice and wrapping the rice dumpling on a string, this is the perfect opportunity to learn how to wrap a rice dumpling at our Rice Dumpling Wrapping Station.

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### 11. Drop-in Activity Station: Duanwu Mini Games

Date: 8 & 9 June 2024

Time: 10.30 am - 5.30 pm

Admission: Free



Drop-in Activity Station - Duanwu Mini Games (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

Explore the rich traditions of the Dragon Boat Festival at our mini-game booths! Engage in interactive games that educate and entertain, offering insights into the festival's history and customs.

### 12. Drop-in Activity Station: Robot Dash the Dragon Boat

(Supported by Terra Minds Education)

Date: 8 & 9 June 2024

Time: 10.30 am - 5.30 pm, at 15-minute intervals

Admission: Free with limited slots available. Pre-registration onsite is required.



Recommended for participants aged 4 – 12 years old only.

Children, help save Qu Yuan from being eaten by the fishes! Inspired by the legend of Qu Yuan, this drop-in activity uses modern robotics to engage children to develop their navigation skills and exercise sequential thinking through programming. Children will control Robot Dash the Dragon Boat to send rice dumplings into the river to save Qu Yuan from being eaten by fishes.

### **13. Live on the Lawn: Dragon Boat Festival Family Fun Contest**

Date: 8 & 9 June 2024

Time: 2.30 pm – 3.30 pm

Admission: Free



Live on the Lawn – Dragon Boat Festival Family Fun Contest (Courtesy of Sun Yat Sen Nanyang Hall)

Gather your family for a Dragon Boat Festival Family Fun Contest on stage! Engage in friendly rivalry as you join other families in exciting Dragon Boat Festival-themed games. It's a session of bonding and fun! Limited spots are available, register your interest on the day to reserve your spot.

#### **14. Live on the Lawn: Chinese Orchestra Music by Bukit Batok Chinese Orchestra**

Date: 8 June 2024

Time: 5 pm – 5.30 pm

Admission: Free



(Supported by Bukit Batok Chinese Orchestra)

Join us for a mesmerising Chinese orchestra performance presented by the Bukit Batok Chinese Orchestra as they capture the essence of traditional Chinese narratives and the beauty of natural landscapes through their performance. Be delighted with the diverse repertoire, from powerful rousing melodies to enchanting pieces that convey the peacefulness of the countryside.

### **15. Live on the Lawn: 24 Festive Drums Performance by RE:SOUND**

Date: 9 June 2024

Time: 5 pm - 5.15 pm

Admission: Free



(Supported by RE:SOUND)

Join us for a captivating Chinese drums performance by RE:SOUND, a drum team comprising alumni members of the Nanyang Technological University Chinese Drums Club. Experience the traditional art of Chinese percussion in a mesmerising display of skill and rhythm against the backdrop of the Memorial Hall.

**16. Live on the Lawn: Lion & Dragon Dance Performance by NTU Dragon & Lion Dance Troupe**

Date: 9 June 2024

Time: 5.15 pm - 5.40 pm

Admission: Free



(Supported by NTU Dragon & Lion Dance Troupe)

Be enchanted by the ever-popular lion and dragon dance at Wan Qing Dragon Boat Festival 2024. Don't blink an eye as the performers showcase their agility and coordination in this crowd-puller act by the NTU Dragon & Lion Dance Troupe.

### 17. Live on the Lawn: Mini Dragon Boat Racing

Date: 8 & 9 June 2024

Time: 5.30 pm - 6 pm

Admission: Free



Recommended for children at least 100cm in height

Get your little ones in on the action and join in the fun with our mini dragon boat racing event at the Wan Qing Dragon Boat Festival 2024! Join us to race across the Memorial Hall's lawn on mini dragon boat toy rides and end the festival on a high note!

### 18. Festive Food & Herbal Tea Tasting

Date: 8 & 9 June 2024

Time: 10.30 am - 5.30 pm

Admission: Free, limited quantities available.



Festive Food & Herbal Tea Tasting (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

Savour the taste of tradition and sample yummy festive delicacies such as rice dumplings and freshly brewed herbal tea. Enjoy these festive delicacies as you learn more about the Dragon Boat Festival!

### 19. Festive Snacks Pop-up Booth by Yue @ Aloft

Date: 8 & 9 June 2024

Time: 10.30 am - 5.30 pm

Admission: Free, limited quantities available.



Festive Snacks Pop-up Booth by Yue @ Aloft (Courtesy of Yue @ Aloft)

Experience the flavours of Yue @ Aloft at the Festive Snacks Pop-up Booth! Sample yummy snacks such as Mushroom with Yue's Signature Creamy Milk and Salted Egg Lime Sauce or indulge in other light bites such as the Popcorn Chicken and Glutinous Rice Ball with Truffle Chicken. Spice things up with Chilled Sze Chuan Mala Lotus Root and lastly, savour the sweetness of Mango Sago or enjoy

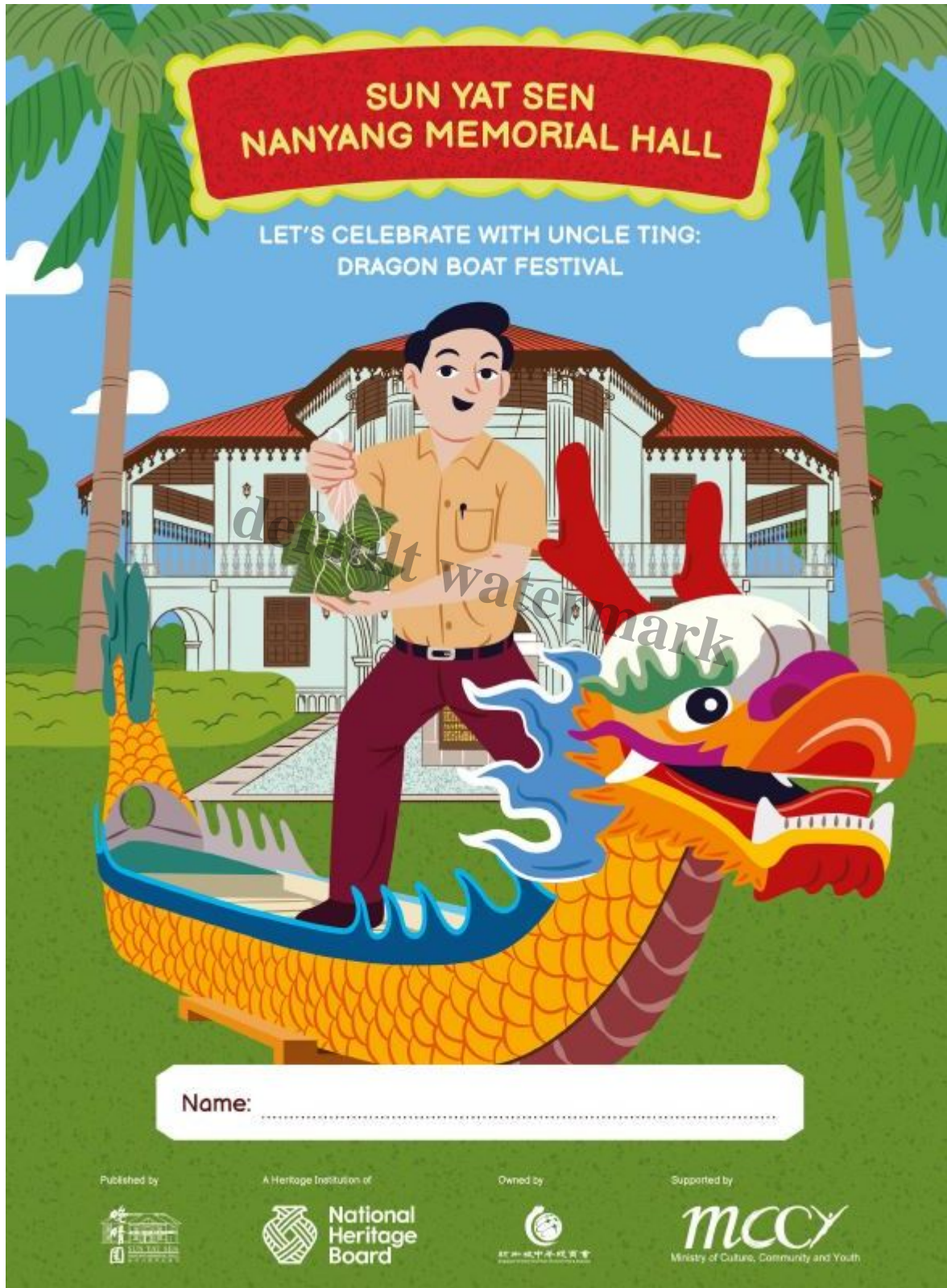
some refreshing drinks like the Cinnamon Apple Tea and Sunrise Sparkling Jasmine Tea right here at Wan Qing Dragon Boat Festival 2024.

**20. Let's Celebrate with Uncle Ting: Dragon Boat Festival**

Date: 8 & 9 June 2024

Time: 10 am - 6 pm

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Let's Celebrate with Uncle Ting - Dragon Boat Festival (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

Kids, pick up a free activity kit to discover more about the Dragon Boat Festival! Join Uncle Ting to learn more about the legends and popular customs associated with the Dragon Boat Festival through a series of fun activities such as origami rice dumpling folding! Activity kits are given out one

per child on a first-come, first-served basis while stocks last.

## Guided Tours & Trails

### **21. Balestier Heritage Healthcare Trail**

Date: 8 June 2024

Time: 4.30 pm - 6.30 pm

Admission: \$12 per pax; purchase tickets via <https://wanqingyuan.peatix.com>. Tickets available from 15 May 2024, 6 pm onwards.



The trail is conducted in English

Uncover the rich history and lesser-known stories of the Balestier precinct which is home to some of Singapore's earliest healthcare institutions in this walking trail! From landmarks such as the former Tan Tock Seng pavilion wards and the former nurses' quarters (now Lee Kong Chian School of Medicine), delve into the architectural developments of Balestier and its

significance to Singapore's healthcare history. Tours are brought to you by our Heritage Volunteers.

## 22. Permanent Galleries Guided Tour

Date: 8 & 9 June 2024

Time: 2.30 pm - 3.30 pm (Mandarin), 3 pm - 4 pm (English)

Admission: Free; limited spaces available.



Permanent Galleries Guided Tour (Courtesy of Sun Yat Sen Nanyang Memorial Hall)

Join us for a guided tour of the Sun Yat Sen Nanyang Memorial Hall and hear the stories behind this century-old villa that traces Dr Sun Yat Sen's revolutionary activities in Southeast Asia. Gain valuable insights into the impact of the 1911 Revolution on Singapore, as well as Singapore's contributions to the Revolution. The tour is brought to you by our Heritage Volunteers.



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