



Healthier SG Health Plan Check-In: The 2026 Reward and AI Guide

Description

The practical answer: from 1 July 2026 to 31 December 2029, an eligible Healthier SG enrollee can receive a one-time 1,500 Healthpoints benefit worth S\$10 after completing an in-person annual Health Plan check-in and then viewing the updated Health Plan on HealthHub. The reward is not a reason to book an early or unnecessary appointment: enrollees should return when their clinic says the check-in is due.

This article was checked on 15 July 2026 against Ministry of Health, Healthier SG and Ask Healthier SG pages. It is general information, not medical advice. Speak to your enrolled clinic about your care, appointment timing and fees.

The two actions required for the one-time reward

The [MOH announcement](#) sets a two-part test during the qualifying period:

1. Complete an **in-person annual Health Plan check-in** in a year after the first Health Plan consultation.
2. View the **updated Health Plan on HealthHub** after that in-person check-in.

Both actions must occur between 1 July 2026 and 31 December 2029. A check-in completed before 1 July 2026 does not qualify even if the plan is viewed later. Once both qualifying actions are completed, MOH says the one-time benefit is credited to the enrollee's Healthy 365 account.

Keep the sequence straight: the first Health Plan consultation creates the plan; a later annual check-in reviews it; the relevant check-in must be in person; and the updated plan must then be opened on HealthHub. Simply opening an old plan, attending an unrelated appointment or completing a tele-consult alone does not satisfy the stated two-action test.

When is an in-person check-in due?

The current [Healthier SG check-in guidance](#) separates people with and without chronic conditions. Your doctor may adjust the plan to your clinical needs.

Health situation	General check-in guidance	In-person minimum described by Healthier SG
Generally healthy, no known chronic condition	A check-in is recommended once a year and may be in person or by telephone as advised by the clinic.	At least one in-person check-in every three years.
One or more chronic conditions	The doctor may recommend two or more check-ins during the year.	At least one in-person check-in each year.
Transferred to a new Healthier SG doctor	An in-person first check-in with the new doctor is recommended so the doctor can understand current needs and outstanding concerns.	Follow the new clinic's advice.

Do not infer that everybody should attend every year in person solely to earn the reward. Contact the enrolled clinic, state when the first consultation and last in-person check-in occurred, and ask what is due. The [official reward FAQ](#) also distinguishes the qualifying in-person action from other modes.

What is subsidised and what may still cost money?

MOH states that the first Health Plan consultation and annual Health Plan check-ins are fully subsidised. The check-in can sometimes occur during a visit for another purpose, such as routine chronic care. Services outside the Healthier SG check-in scope remain subject to prevailing fees. That can include treatment, medicines, tests or other services depending on the visit.

Before the appointment, ask the clinic:

- whether this visit is recorded as the due annual Health Plan check-in;
- whether it must be in person for the one-time benefit;
- which screenings or vaccinations are recommended now;
- which parts of the visit are fully subsidised and which may be chargeable;
- when the updated Health Plan should appear in HealthHub.

A family member helping an older enrollee can write these questions down, but should not take control of the person's HealthHub or Healthy 365 credentials. Use authorised assistance and keep medical decisions between the patient and clinician.

Health Plan AI beta starts later in July

MOH says a Health Plan AI beta is scheduled from 27 July 2026 to 27 January 2027. During the beta, it is intended for Healthier SG enrollees aged 40 to 64 who have no chronic conditions and already have a Health Plan. Eligible users can access it through the Healthier SG module on HealthHub.

The feature is designed to suggest personalised exercise options based on demographic factors, preferences and the exercise goal in the Health Plan. It complements the discussion with the Healthier

SG doctor; it does not diagnose illness, replace a clinician or override restrictions caused by pain, injury, pregnancy, disability or another health condition.

Use a four-question safety check before acting on a suggestion:

1. Does the activity match the goal agreed with the doctor?
2. Is the suggested intensity realistic for current ability and symptoms?
3. Has a clinician advised any restriction that the app may not know?
4. What symptom or change would mean stopping and seeking medical advice?

The beta is time-limited, and MOH will review outcomes before deciding whether to make it permanent. Eligibility, interface and recommendations may change during testing.

A family check-in card

Create a small record for each enrolled adult with five non-sensitive fields: enrolled clinic, first Health Plan date, last annual check-in, last in-person check-in and next date advised by the clinic. Add two completion boxes—updated plan viewed and Healthpoints checked—only after the due visit. Do not store Singpass passwords, detailed diagnoses or full identity numbers on the card.

For readers following Singapore's use of Healthpoints, LBRD's [blood-donor Healthpoints explainer](#) covers a separate programme and should not be mixed with this reward. LBRD's [Healthier Choice Symbol guide](#) is another practical preventive-health reference, not an eligibility source for Healthier SG.

Bottom line

Wait until the annual check-in is due, confirm that the visit qualifies as in person, and view the updated plan on HealthHub afterward. Treat the S\$10 reward as a prompt to complete a useful preventive-care step, not as the purpose of the consultation. If Health Plan AI becomes available to you, use it as an exercise-planning aid and bring uncertainties back to the doctor who knows your health history.

Date Created

15/07/2026

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