



Google Health App: What Fitbit Users In Singapore Should Watch

Description

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Google Health is now the app Singapore Fitbit users need to pay attention to, because Fitbit Air is designed around a phone-first health experience rather than an on-wrist screen.

The practical change is simple: if your tracker has no display, the app becomes the dashboard. That makes app design, coaching quality and data portability more important than before.

What Changes For Users

Fitbit Air sends health and fitness data into Google Health, where users can review sleep, heart-rate trends, workouts and Google Health Coach recommendations. The device includes a three-month Google Health Premium trial according to Googleâ??s launch announcement.

Existing Fitbit users should check account migration, phone compatibility and whether favourite older Fitbit features still work the way they expect.

Singapore Buyer Notes

The main question is whether you want fewer wrist distractions. If you still rely on on-device stats during a run, keep a watch or display tracker. If you mostly want recovery and sleep trends, a quieter app-led setup may work better.

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