Google Fitbit Air Singapore: What The Screenless Fitness Tracker Changes

Description

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Google Fitbit Air is the fitness-tech release Singapore buyers should not miss this week. It is a screenless, low-profile tracker built for 24/7 health monitoring rather than another smartwatch that keeps asking for attention.

Google announced the device on 7 May 2026, positioning it as its smallest and most affordable tracker. HardwareZone Singapore reports local preorders at S$189, with availability through Google Store and local retailers including Best Denki, FairPrice, Metapod, Shopee, Lazada and Amazon.

What Fitbit Air Tracks

The official Google announcement lists 24/7 heart rate, heart rhythm monitoring with Afib alerts, SpO2, resting heart rate, heart-rate variability, sleep stages and sleep duration. It also automatically detects workouts and syncs data into the Google Health app.

The screenless design is the point. You do not glance at steps on your wrist; you wear the pebble, then review trends and coaching on the phone when you actually want the data.

Battery, App And Phone Support

Google says Fitbit Air offers up to a week of battery life and fast charging. It works with most phones running Android 11 or higher and Apple iOS 16.4 or higher, and requires a Google Account plus the Google Health app.

The launch also matters because Google Health is the new centre of gravity for Fitbit data. Buyers who already use a Pixel Watch or older Fitbit should check how the new app handles their existing health history before switching daily wear habits.

Who Should Consider It

Fitbit Air makes the most sense if you want recovery, sleep and heart-rate trends without a full smartwatch. It is also relevant for office workers who cannot wear a watch face all day, people who dislike notifications during workouts, and runners who already use a phone or watch for GPS.

It is less suitable if you need on-wrist maps, call alerts, music controls or a visible workout screen. For those jobs, a Fitbit Charge, Pixel Watch, Garmin or Apple Watch still fits better.

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Author
vanessakoh

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