



## Good Bites... a cafe located in Bishan Sports Centre?

### Description

Every month the company goes out for a meal. Usually, we do it to celebrate someone's birthday. This time it was Alison's birthday. As we have teammates who are Muslim, we dine at halal-certified establishments. The task usually falls squarely on Deena's shoulders. One point to note, my teammates, well some of them at least, seem unfazed by excess sugar content in their food. Trust me, you will know what I mean as you read further into this blog post.

"Deena, what is new and/ or in a less popular location? Don't always go to the usual food eateries that are recommended by food blogs!"

Good Bites at Bishan Sports Centre.

Yes, that is the cafe's name and it is located at Bishan Sports Centre. I visited Bishan Sports Centre before. Where in the world is the cafe? I used the gym at the sports centre more than 20 years ago and it is still located at the same location. The cafe is built on the open space 2 levels above the gym. This is perhaps a good indication that not everything has to be demolished to make space for something new.

Finding the place is a little tricky. Park at the sheltered car park if you are driving and the cafe is located above the shelter. If you see the gym, just take the stairs two levels up.

For starters, prices are not very expensive. You can take a look at the menu.

# Bundle Deals



**Bundle For 2**

**From \$49.90++**

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## Mains

- Da Burger Bomb
- Chicken Steak-Out
- Mushroom Aglio Olio
- Seafood / Chicken Aglio Olio
- Tomato Seafood / Chicken Pasta
- Creamy Seafood / Chicken Pasta
- Tom Yum Seafood / Chicken Pasta
- Turkey Bacon & Chicken Ham Carbonara
- Turkey Bacon & Chicken Ham Aglio Olio



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- Mini Milkshakes
- Signature Iced Coffee



## Desserts

- Croffle
- Assorted Cakes
- Signature Lava Cake



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# lunch Special

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## SET MEAL + 6.9

1 APPETISER + 1 DRINK

- REGIONAL BEER
- FRENCH FRIES
- MUSHROOM SOUP
- CHILLED DRINK
- HOT / ICE COFFEE

### DA BURGER BOMB



### FUSION/ WESTERN

**DA BURGER BOMB** 13.9  
HAND-CRAFTED BREADED THICKY CHICKEN CHEESE SAUCE, SLICED TOMATO, CRISP LETTUCE, BUNNY SIDE EGGS ON TOASTED SESAME SEED BUN, SERVED WITH CASHW FRIES

**TURKEY BACON & CHICKEN HAN CARBONARA** 11.9  
LINDSAYE FLOTTED IN A RICH CREAM SAUCE AND FINISH WITH PARMESAN CHEESE

**AGLIO OILIO PASTA (CHICKEN / SEAFOOD)** 13.9  
LINDSAYE TOSSED IN A SAVORY BLEND OF BUTTER, GARLIC, CHILLED PAD, FINISH WITH PARMESAN CHEESE

**TON YUN PASTA (CHICKEN / SEAFOOD)** 13.9  
LINDSAYE IS IMMERSIVE IN A BOLD AND PLAYFUL TON YUN SAUCE

### BAKED SALMON



**BAKED SALMON** 17.9  
BAKED AND SEARED SALMON SERVED WITH SEASONAL VEGETABLES, SAUTÉED MUSHROOMS, MASHED POTATO AND HERB CREAM SAUCE

**CHICKEN STEAK-OUT** 13.9  
GRILLED TO PERFECTION, OUR succulent CHICKEN STEAK IS ACCOMPANIED BY A SIDE OF GOLDEN FRENCH FRIES, SEASONAL VEGETABLES AND SAUTÉED MUSHROOMS TOSSED IN SESAME SOY SAUCE SERVED WITH OUR HOMEMADE BROWN SAUCE



TON YUN SEAFOOD PASTA



CHICKEN STEAK-OUT

## APPETISERS

- HOMEMADE MUSHROOM SOUP** 6.9
- CAESAR SALAD** 6.9  
HAND-CRAFTED CAESAR DRESSING, SHREDDED ROMAINE, CRISPY BREAD CRUMBS AND CHICKEN
- HOUSE SALAD** 9.9  
HAND-CRAFTED DRESSING, SHREDDED ROMAINE, CRISPY BREAD CRUMBS, CHICKEN, MASHED POTATOES WITH GARLIC BUTTER, AND CHICKEN
- SHRIMP SALAD** 10.9  
FRESH SHRIMP, CRISP LETTUCE, CRISPY POTATOES, CHICKEN, MASHED POTATOES, CHICKEN, MASHED POTATOES, CHICKEN
- GRILLED SALMON SALAD** 13.9  
GRILLED SALMON, CRISP LETTUCE, CRISPY POTATOES, MASHED POTATOES AND PUREE CREAM SAUCE, SERVED WITH A SIDE OF THOUSAND ISLAND DRESSING



## SHARING

- GOLDEN PLATTERS** 18.9  
DEEP-FRIED CHICKEN WING DRUMET, CHICKEN NUGGET, SPICY AND FRENCH FRIES SERVED WITH MACHO CHEESE, MASHED POTATOES AND CHILLI SAUCE
- CHICKY PLATTERS** 21.9  
ROASTED DRUMLET (SPICY), CHICKEN NUGGET (SPICY) AND POPCORN CHICKEN SERVED WITH MACHO CHEESE, MASHED POTATOES AND CHILLI SAUCE
- PARTY PLATTERS** 23.9  
SPICY WINGLET (SPICY), POPCORN CHICKEN AND SWEET BREADED FRIES SERVED WITH MACHO CHEESE, MASHED POTATOES AND CHILLI SAUCE



## SIDES

- CHEESE FRIES** 6.9
- TATER TOTS** 6.9
- SWEET POTATO FRIES** 7.9
- TRUFFLE FRIES** 8.9
- CHICKEN NUGGETS WITH FRIES** 8.9  
CHICKEN NUGGET (SPICY) AND FRENCH FRIES, SERVED WITH MACHO CHEESE
- ROASTED DRUMLET WITH FRIES** 10.9  
ROASTED DRUMLET (SPICY) AND FRENCH FRIES, SERVED WITH MACHO CHEESE
- POPCORN CHICKEN WITH FRIES** 10.9  
POPCORN CHICKEN AND FRENCH FRIES, SERVED WITH MACHO CHEESE
- CHICKEN KATSU WITH FRIES** 10.9  
CHICKEN KATSU (SPICY) AND FRENCH FRIES, SERVED WITH MACHO CHEESE
- SPICY WINGLET WITH FRIES** 10.9  
SPICY WINGLET (SPICY) AND FRENCH FRIES, SERVED WITH MACHO CHEESE
- GOLDEN WINGS WITH FRIES** 12.9  
DEEP-FRIED CHICKEN WING (SPICY) AND FRENCH FRIES, SERVED WITH MACHO CHEESE



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# BURGERS



**BOSS BURGER** 16.9  
TENDER AND JUICY BLEND OF BEEF AND MUTTON PATTY, SLICED TOMATO, CRISP LETTUCE, CUCUMBER, AND PUMPKIN CABBAGE SLAW JOIN FORCES. ALL SMOTHERED IN THE ALL-TIME FAVORITE SATAY SAUCE. SERVED ON A TOASTED BUN, ACCOMPANIED BY A SIDE OF CAJUN FRIES.



**EGGPLODING BURGER** 15.9  
DEEP-FRIED CHICKEN THIGH PATTY, SLICED TOMATO, AND CRISP LETTUCE, ALL TOPPED WITH A LUSCIOUS CHEESY EGG MAYONNAISE. SERVED ON A TOASTED SESAME SEED BUN, ACCOMPANIED BY A SIDE OF CAJUN FRIES.



**DA BURGER BOMB** 15.9  
SUCULLENT GRILLED TERIYAKI CHICKEN, SLICED CHEESE, SLICED TOMATO, CRISP LETTUCE, AND A SUNNY-SIDE-UP EGG, ALL NESTLED WITHIN A TOASTED SESAME SEED BUN, ACCOMPANIED BY A SIDE OF CAJUN FRIES.



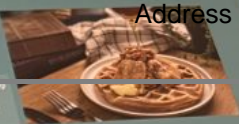
**HIOK BURGER** 15.9  
DEEP-FRIED CHICKEN THIGH PATTY GENEROUSLY SMOTHERED IN FLAVORFUL CHILI CRAB SAUCE, TOPPED WITH CRISP LETTUCE, TOMATO, AND A SUNNY-SIDE EGG. ALL NESTLED WITHIN A TOASTED SESAME SEED BUN, ACCOMPANIED BY A SIDE OF CAJUN FRIES.



**OMG CHEESEBURGER** 16.9  
TENDER AND JUICY BLEND OF BEEF AND MUTTON PATTY, SLICED TOMATO, CRISP LETTUCE, AND CHEESE, ALL CROWNED WITH A GENEROUS DRIZZLE OF NACHO CHEESE. SERVED ON A TOASTED SESAME SEED BUN, ACCOMPANIED BY A SIDE OF CAJUN FRIES.

# MAINS

**FRIED CHICKEN & WAFFLES** 16.9  
CRISPY FRESH CHICKEN CHINESE CHICKEN CHIPS, SERVED WITH BUTTER AND MAPLE SYRUP.



**CHICKEN STEAK-OUT** 16.9  
GRILLED TO PERFECTION, OUR SUCULLENT CHICKEN STEAK IS ACCOMPANIED BY A SIDE OF GOLDEN FRENCH FRIES, SEASONAL VEGETABLES, AND SAUTEED MUSHROOMS TOSSED IN SESAME SOY SAUCE. SERVED WITH OUR SIGNATURE HOMEMADE BROWN SAUCE.



**GRILLED FREE-RANGE CHICKEN** 17.9  
WHOLE-PIECE FREE-RANGE CHICKEN AND PAN-SEARED UNTIL THE SKIN IS CRISP ON THE OUTSIDE. SERVED WITH SEASONAL FRESH HERBS AND SAUTEED MUSHROOMS TOSSED IN SESAME SOY SAUCE. ACCOMPANIED BY MASHED POTATOES AND OUR DELICIOUS HOMEMADE BROWN SAUCE.



**BAKED SALMON** 19.9  
OUR SALMON BAKED TO PERFECTION AND DELICATELY SEARED. SERVED ALONGSIDE A SELECTION OF SEASONAL VEGETABLES AND SAUTEED MUSHROOMS TOSSED IN SESAME SOY SAUCE. ACCOMPANIED WITH MASHED POTATOES, AND SERVED ALONG WITH HERR GREEN SAUCE.



**BUTTERMILK FISH & CHIPS** 17.9  
BONY FISH FILLETS ARE PREPARED IN A RICH BUTTERMILK BATTER, COATED IN A CRISPY GOLDEN BATTER, SERVED ALONGSIDE WITH FRENCH FRIES. SEASONAL VEGETABLES AND SAUTEED MUSHROOMS TOSSED IN SESAME SOY SAUCE. ACCOMPANIED WITH LEMON WEDGES, AND SERVED ALONG WITH TARTAR SAUCE.



**CAJUN LAMB CHOP** 24.9  
OVEN-BAKED AND PAN-SEARED CAJUN LAMB CHOPS, SERVED WITH A SIDE OF SEASONAL VEGETABLES AND SAUTEED MUSHROOMS TOSSED IN SESAME SOY SAUCE, ALONGSIDE MASHED POTATOES AND OUR SIGNATURE HOMEMADE BROWN SAUCE.



**DUCK CONFIT**  
SUCULLENT DUCK LEG QUARTERS, SLOW-COOKED TO PERFECTION, AND CRISPED TO PERFECTION. SERVED WITH A SELECTION OF SEASONAL VEGETABLES AND SAUTEED MUSHROOMS TOSSED IN SESAME SOY SAUCE, ACCOMPANIED WITH MASHED POTATOES, AND SERVED ALONG WITH BROWN SAUCE.

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# PASTA

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**TON YUM PASTA** 🍴  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE SIMMERED IN A BOLD AND FLAVORFUL TON YUM SAUCE.

**SAHBAI GORENG PASTA** 🌶️  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE TOSSED IN SAHBAI GORENG SAUCE, CHILI-FREE GARLIC, ONION, CAPSICUM.



**SPICY THAI PASTA** 🌶️🌶️🌶️  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE TOSSED IN A HOMEMADE SPICY THAI SAUCE.



**CREAMY PASTA** 🍴  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE TOSSED IN A RICH CREAMY SAUCE AND FINISH WITH PARMESAN CHEESE.



**SALTED EGG PASTA** 🍴  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE TOSSED WITH SALTED EGG SAUCE, CHILI, GARLIC, ONION, CAPSICUM.



**PASTA AGLIO OLIO** 🌶️  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE TOSSED IN A SAUCY BLEND OF BUTTER, GARLIC, CHILI, PANFAN WITH PARMESAN CHEESE.



**PASTA AGLIO OLIO** 🌶️  
(TURKEY BACON & CHICKEN HAM) 15.0  
LINGUINE TOSSED IN BUTTER, GARLIC, CHILI, PANFAN AND FINISH WITH PARMESAN CHEESE.



**PASTA AGLIO OLIO** 🌶️  
(MUSHROOM) 14.0  
LINGUINE TOSSED OIL, GARLIC, CHILI AND SAUTEED MUSHROOMS.



**TOMATO PASTA** 🍴  
(CHICKEN / SEAFOOD) 15.0 / 16.5  
LINGUINE TOSSED IN TOMATO BASED SAUCE, SAUTEED AND FINISH WITH PARMESAN CHEESE.



**CARBONARA** 🍴  
(TURKEY BACON & CHICKEN HAM) 15.0  
LINGUINE TOSSED IN A RICH CREAM SAUCE AND FINISH WITH PARMESAN CHEESE.



**CHICKEN BOLOGNESE** 15.0  
LINGUINE TOSSED IN A SAVORY CHICKEN BOLOGNESE AND FINISH WITH PARMESAN CHEESE.

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# BEVERAGES

## MINI MILKSHAKES - 9.9



BERRY SWEET    SALTED CARAMEL    CHOCOLOVE    GUMMY POP    COOKIE TOP    MELT MY HEART

## SIGNATURE ICED COFFEES



STRAWBERRY ICED LATTE  
9.00

PASSIONFRUIT SPARKLING  
AMERICANO  
9.00

OCEANIC ICED LATTE  
9.00

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## PREMIUM ICED TEA - 9.9



STRAWBERRY GORGONZOLA  
EARL GREY TEA

STRAWBERRY & CUCUMBER  
EARL GREY TEA

RASPBERRY MINT  
EARL GREY TEA

PASSIONFRUIT HANGOVER  
EARL GREY TEA

LYCHEE & ORANGE  
EARL GREY TEA

## COLD

ICED LONG BLACK	5.5
ICED LATTE	6.0
ICED MOCHA	7.0
ICED CARAMEL LATTE	7.0
ICED VANILLA LATTE	6.0
COKE FLOAT	5.9
A&W ROOTBEER FLOAT	5.9
SODA FLOAT	7.9
OCEANIC   GREEN APPLE   PASSIONFRUIT   STRAWBERRY   LYCHEE	3.5
CANNED DRINK	

LONG BLACK
FLAT WHITE
CAFFE LATTE
VANILLA LATTE
CAPPUCCINO
CAFFE MOCHA
CARAMEL LATTE

## TEA

ENGLISH BREAKFAST | CHAMOMILE | EARL GREY

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Here are photos of the actual food.

Root beer float for Wilber.

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Disclaimer: Wilber did not enjoy his meal. The rest of the team did. He has really high expectations.  
This is Wilber. He is the man behind a lot of the content on Little Big Red Dot.

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He did not have any issue with his root beer float. How can you have an issue with root beer float right?

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I think Good Bites does put in good work in making their food and drinks Instagrammable.

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This is like some paddle pop ice-cream on steroids. Deena had it. She is still young and does not have to deal with high blood sugar issues.

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This was my sugar overload. That wafer brought me back to times when I was a child though.

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Looks good huh?

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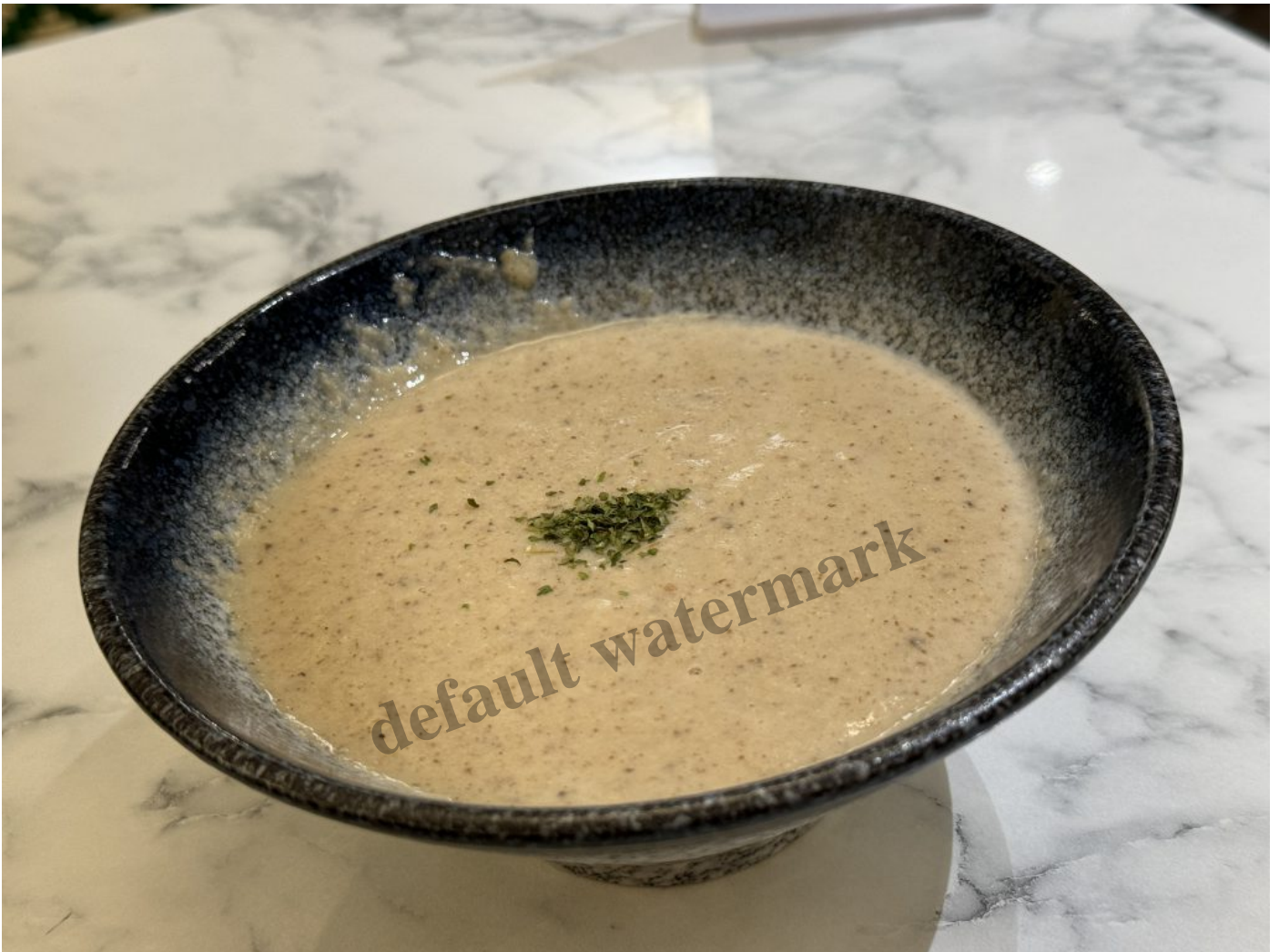


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Mushroom or pumpkin? For me, pumpkin any day! These were what you would expect from a decent cafe.





The food was decently good though. All of us gave our mains a solid 7/10 (except for Mr Atas Wilber Suen).





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Oh yes, it took two to finish this lasagna.





This was Wilber's choice for the night.



Fried chicken on waffles. To him, the chicken was very dry. He gave this a 5/10. He did not finish this. Good Bites, if you would like to get feedback, please contact him. For some reason, some of Wilber's shots of the food on his iPhone 15 Pro Max came out blurry. Maybe he inherently knew that he would not like his order.

Weird, he looked ok when the food came... That bad meh?





Come on! This was supposed to be about our colleague's birthday!



To me, Good Bites is a place with relatively decent food at generally affordable prices. They state on their website that they have a goal of serving delicious fusion western dishes at pocket-friendly prices. To that goal, I would say that they more or less got it right.

Any thoughts Wilber?

Good Bites  
5 Bishan Street 14, #03-01  
Bishan ActiveSG Sports Hall  
Singapore 579783

Open daily from 11 am to 5 am

Yours sincerely,

Daryl

**Date Created**

03/09/2024

**Author**

daryllum