



## Garden Vibes 2026 at Little Farms Serangoon Gardens: Free Open Day on 23 May

### Description

If you are mapping out the month of May, set aside Saturday **23 May 2026** for the third edition of **Garden Vibes**, returning to **Little Farms Serangoon Gardens** from 9am to 6pm. Built around the theme *Flourish*, the open-day event explores how everyday food choices shape how we feel, function and look — and the entry, refreshingly, is free.

### What to Expect at Garden Vibes 2026

Garden Vibes is structured as a one-day open event, with visitors moving freely between four themed zones — **Glow**, **Strength**, **Gut** and **Joy**. Each zone reflects a different aspect of daily eating, with producers and brands on hand for tastings, sampling and short conversations about sourcing.

It is a relaxed, community-led format that suits casual drop-ins as much as a more deliberate Saturday outing. Families are welcome, and the format pairs well with our wider round-up of [things to do in Singapore this May 2026](#).



Producer-led tastings anchor the four themed zones at Garden Vibes 2026. Image: Little Farms.

## Workshops Worth Booking

Beyond the open-day programming, Garden Vibes 2026 has a line-up of ticketed workshops for visitors who want a more hands-on experience. Highlights from the programme include:

- Building gut-friendly meals with COYO
- Olive oil tastings and pairing sessions
- Cheese sessions exploring craft producers
- Practical, nutrition-led cooking

Workshops are priced from **\$12**, and slots tend to fill quickly given the size of the venue. Booking is via the official Eventbrite page at [eventbrite.com/cc/garden-vibes-2026-4833869](https://eventbrite.com/cc/garden-vibes-2026-4833869).

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Ticketed workshops at Garden Vibes 2026 cover nutrition-led cooking and pairings. Image: Little Farms.

## Garden Vibes 2026: At a Glance

**Date:** Saturday, 23 May 2026  
**Time:** 9.00am - 6.00pm  
**Venue:** Little Farms Serangoon Gardens  
**Entry:** Free; workshops from \$12  
**Booking link:** [Eventbrite](#)

The image is a promotional poster for a farmers market. At the top left, it says 'VILLAGE x little farms'. The main title 'farmers market' is written in large, pink, lowercase letters on the right side. Below the title is a grid of 12 vendor and workshop logos. The logos include: Green Meadows BEEF (Turned with Passion), Health Lab, KRIS LLOYD ARTISAN, Huel, starter lab, SPORE GARDENS, COYO, dipsy, FOSSA CHOCOLATE, Beit' Ballout, nutra naturals (Wholefoods to deep'y nourish), and RUMMO (MAESTRI PASTAI IN BENEVENTO DAL 1848). On the left side of the grid is a cartoon illustration of a grey cat wearing a hat, glasses, and a striped shirt. At the bottom left, it says 'garden vibes 2026'. At the bottom right, it says '23 MAY 2026 | 9am to 6pm' and 'LITTLE FARMS, SERANGOON GARDE'. The background is a light green color with various decorative elements like stars and swirls.

The official Garden Vibes 2026 vendor and workshop schedule. Image: Little Farms.

## Why It Matters

Singapore's wellness conversation has matured beyond cold-pressed juices, and events like Garden Vibes reflect that shift. Producers, sourcing transparency and gut-health-led eating are increasingly part

of the mainstream a trend we have flagged in our look at [Singapore's 2026 wellness and lifestyle trends](#).

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Garden Vibes 2026 is a relaxed, family-friendly open day at Little Farms Serangoon Gardens. Image: Little Farms.

For the latest weekend ideas, browse our [Things to Do coverage](#).

*Source: Press release and photographs supplied by The MC Collective on behalf of Little Farms, 29 April 2026. All images: Little Farms.*

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