



Garden Vibes 2026 at Little Farms Serangoon Gardens: Free Open Day on 23 May

Description

If you are mapping out the month of May, set aside Saturday 23 May for the third edition of **Garden Vibes**, returning to **Little Farms Serangoon Gardens** from 9am to 6pm. Built around the theme *Flourish*, the open-day event explores how everyday food choices shape how we feel, function and look â?? and the entry, refreshingly, is free.



A farmersâ?? market and producer tastings anchor Garden Vibes 2026. Photo: Unsplash (illustrative).

What to Expect at Garden Vibes 2026

Garden Vibes is structured as a one-day open event, with visitors moving freely between four themed zones â?? **Glow**, **Strength**, **Gut** and **Joy**. Each zone is designed to reflect a different aspect of daily eating, with producers and brands on hand for tastings, sampling and short conversations about sourcing.

It is a relaxed, community-led format that suits casual drop-ins as much as a more deliberate Saturday outing. Families are welcome, and the format pairs well with our wider round-up of [things to do in Singapore this May 2026](#).

Workshops Worth Booking

Beyond the open-day programming, Garden Vibes 2026 has a line-up of ticketed workshops for visitors who want a more hands-on experience. Highlights from the programme include:

- Building gut-friendly meals with COYO
- Olive oil tastings and pairing sessions
- Cheese sessions exploring craft producers
- Practical, nutrition-led cooking

Workshops are priced from \$12, and slots tend to fill quickly given the size of the venue. Booking is via the official Eventbrite page at eventbrite.com/cc/garden-vibes-2026-4833869.

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Ticketed workshops cover nutrition-led cooking and tastings. Photo: Unsplash (illustrative).

Garden Vibes 2026: At a Glance

Date: Saturday, 23 May 2026
Time: 9.00am - 6.00pm
Venue: Little Farms Serangoon Gardens
Entry: Free; workshops from \$12
Booking link: [Eventbrite](#)

Why It Matters

Singapore's wellness conversation has matured beyond cold-pressed juices, and events like Garden Vibes reflect that shift. Producers, sourcing transparency and gut-health-led eating are increasingly part of the mainstream - a trend we have flagged in our look at [Singapore's 2026 wellness and lifestyle trends](#).

For the latest weekend ideas, browse our [Things to Do coverage](#).

Source: Press release from The MC Collective on behalf of Little Farms, 29 April 2026. Cover image: Unsplash (illustrative).

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