



EAT.DRINK.MAN.WOMAN at 79 Kampong Bahru

Description

I am Wilber and I love to eat, I love to drink, I love man, I love woman. That is why when my good friend Wee asked me to go to EAT.DRINK.MAN.WOMAN, a new restaurant, I never asked him what food. I just said ok. A small disclaimer, this restaurant is opened by Wee's client. The boss is Lynn. He does their corporate secretarial and accounting work. Her new restaurant so must support. She has been doing F&B for many years.

I drove past this restaurant many times. However, I never notice this shop. Actually, I think I never noticed any shop along this stretch of road. 79 Kampong Bahru is located along the row of shophouses opposite SGH. It is very close to Everton Road. I heard from Lynn that the lunch crowd consists of a lot of people from SGH, Police Cantonment Complex and Everton Park.

Wee and I were there for dinner. I must say, the interior deco is very unique. Feels like a Taiwanese cafe.

Anyway, the photos were taken with the HONOR Magic6 Pro smartphone. Thank you to HONOR for sending over the phone for us to test. I did not change any settings when taking these photos. Point and shoot with no adjustments.





I think I had a lunchbox that had the same words. Very assuring. The next chapter for me was to try the food at EAT.DRINK.MAN.WOMAN.



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This is not a zhi char place. The menu is less broad. According to Lynn, this is called xiao chao 小炒. The kitchen specialises in what they are good at. I think the food is good. I am not saying this because my friend knows the boss. Lynn does ask for feedback. She told me that her kitchen has been tweaking the dishes according to customers' feedback.

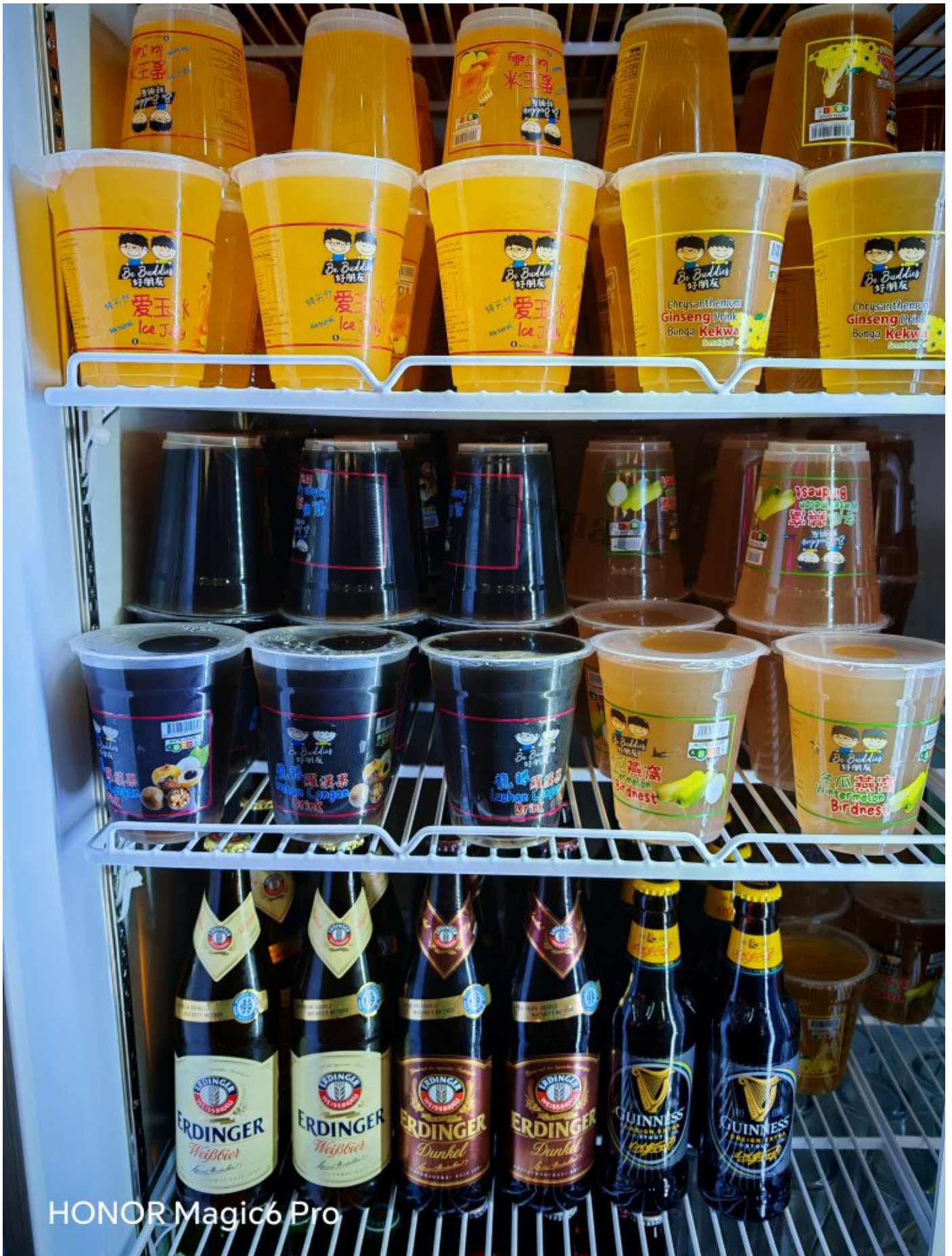
Here is what we ordered.

Wait. Drinks need to show?

Here are the drinks.

Got beer. I was driving. If not I will whack.

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I ordered something healthy. Wait, this is healthy, right? I asked Lynn and she told me this is homemade in small batches daily with no added sugar. I want to be healthy and so of course I got this. Indeed, itâ??s really healthy and nice.



This is a green bean smoothie. Interesting right?



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Ok now the foodâ?!

Vegetables. I am visually allergic to vegetables. I like good, sinful food. This is good. Not sinful enough for me. But I think this is a nice complement to the other mains.

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This Foo Young egg is good. I like that the sides are crisp, just like how Thais cook their sunny side up.

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This is dry curry pork. Nice mix with the onions. I think this is good but the dishes I am about to show you are the stars of the show.

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I think the har chong gai is one of the best I have tasted. The meat is well marinated. Soft and tender. Overall the restaurant uses very fresh ingredients. According to Lynn, they do not use frozen meat.

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Salted egg crayfish was good. Just the right amount of savouriness. There can be some salted egg dishes where the salted egg would overpower every aspect of whatever meat or vegetable it was supposed to complement. This was just about right. I only wished that the crayfish was bigger.

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There was more than enough crab meat dipping sauce than needed for 12 buns. The excess sauce was meant to go over your rice. Which of course I duly did. Chilli crab meat sauce over white rice. What could go wrong except my waistline?

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Those bits on top of the fish are 柴 爆 蒜. Not fried garlic. Very nice. I asked her why there was so much sauce. She said that some customers had given them feedback that they did not put enough sauce previously. This is the reason why they increased the amount of sauce. I would prefer it with less so that the fish would retain its crispy fried texture. However, this is a personal preference. I guess if that is how most customers like it, they should accede to the request. When I come back, I will ask for slightly less sauce. I prefer it dryer. I like my fried fish really crispy!



This fish soup is immaculate. Salty at just the right amount. Tender fish slices. This was the highlight of the night. We had this AFTER we ate all the other food. We were already full and we still enjoyed this.



HONOR Magic6 Pro

Overall a Thursday evening well spent at a hidden gem. I know I ate too many calories. I know this will increase my waistline. I know I am supposed to be on a diet. I know a lot of things. However, when I taste good food, I really cannot stop. This was a night of good food.

If you go to EAT.DRINK.MAN.WOMAN, can tell Lynn I said hi. She can surely remember me. I ate so much. If you see my personal trainer, do not tell him I went to eat and donâ??t show him what I ateâ?!

And, hereâ??s the menu for you to decide what to eat.

AlaCarte	
VEG / 素食	
Bak Kutsan 小芥菜	8
Nai Bai 蒜苗	8
Egg FooYong 芙蓉蛋	12
CHICKEN	
Black Pepper Chicken 黑椒鸡肉	12
Crispy Boneless Chicken Thigh 脆皮无骨鸡腿	12
Dry Curry Chicken 干咖喱鸡肉	10
Ginger Sauteed Chicken 姜葱爆鸡	10
Softed Egg Chicken 咸蛋鸡	12
Sambal Chicken 泰式辣肉	10
PORK	
Basil Minced Pork 泰式黑胡椒猪肉碎	10
Black Pepper Pork 黑椒猪肉	12
Dry Curry Pork 干咖喱猪肉	10
Ginger Sauteed Pork 姜葱爆肉	10
Softed Egg Pork 咸蛋猪肉	12
Sambal Pork 泰式辣肉	10
Sweet & Sour Pork 糖醋猪肉	10
FISH	
Dry Curry Batang Fish Steak 干咖喱巴当鱼	15
Deep Fried Sea Bass 炸鲷鱼	18.5
Sweet & Sour Sea Bass 糖醋鲷鱼	18.5
Fish Head Por 鱼头粥	10
Sambal Batang Fish Steak 泰式辣巴当鱼	15
SEAFOOD	
Mentawai Chili Crab Sauce 炸蟹头辣蟹酱汁	15
Black Pepper Crayfish 黑椒小龙虾	18
Salted Prawn 盐焗虾	20
Softed Egg Prawn 咸蛋虾	15
Sambal Egg Prawns 泰式辣蛋	15
Sambal Prawn 泰式辣	15
Sweet & Sour Prawn 糖醋虾	15
SOUP	
Fish Shells Soup 鱼片汤	12
Fried Batang Fish Head Soup 炸巴当鱼头汤	15
Fried Fish Head Soup 炸鱼头汤	12
Premium Seafood Soup 精品海鲜汤	20
Other	
Risk Bean Curry Fish 鱼香豆腐	10(S) 10(M) 12(L)
Fried Wanton 炸云吞	10(S) 10(M) 12(L)
Prawn Paste Chicken 炸蛋鸡	10(S) 10(M) 12(L)
Tabletop 10 items only	

Mini Wok	
comes with fragrant rice	
Noodle	
Curry Chicken MeeHoon 咖喱鸡肉米粉	6.5
Curry Pork MeeHoon 咖喱猪肉米粉	7.5
Fried Batang Fish Steak Soup 炸巴当鱼汤粉	8.5
Fried Fish Head Soup 炸鱼头汤粉	8.5
Fish Shells MeeHoon Soup 鱼片汤粉	8.5
SOUP	
Fish Shells Soup 鱼片汤	8.5
Fried Fish Head Soup 炸鱼头汤	8.5
Fried Batang Fish Steak Soup 炸巴当鱼汤	8.5
Seafood Soup 海鲜汤	8.5
CHICKEN	
Black Pepper Chicken 黑椒鸡肉	7.5
Dry Curry Chicken 干咖喱鸡肉	5.5
Fried Chicken Thigh 炸鸡腿	5.5
Ginger Sauteed Chicken 姜葱爆鸡	6.5
Softed Egg Chicken 咸蛋鸡	7.5
Sambal Chicken 泰式辣肉	6.5
PORK	
Basil Minced Pork 泰式黑胡椒猪肉碎	5.5
Black Pepper Pork 黑椒猪肉	7.5
Dry Curry Pork 干咖喱猪肉	5.5
Ginger Sauteed Pork 姜葱爆肉	6.5
Softed Egg Pork 咸蛋猪肉	7.5
Sambal Pork 泰式辣肉	6.5
Sweet & Sour Pork 糖醋猪肉	5.5
SEAFOOD	
Dry Curry Batang Fish Steak 干咖喱巴当鱼	8.5
Softed Egg Prawn 咸蛋虾	8.5
Softed Egg Prawns 咸蛋虾	8.5
Sambal Batang Fish Steak 泰式辣巴当鱼	8.5
Sambal Prawn 泰式辣	8.5
Sweet & Sour Prawn 糖醋虾	8.5
Other	
+1 Add Plain Rice 米饭	
+1 Add MeeHoon 米粉	
+1 Add Sunny Side-up Egg 荷包蛋	
+2 Add Meat 30g	
+2.5 Add Prawns/Shrimp 虾/芥菜	
+3 Add Fish 鱼	
+0.5 Takeaway 打包	



Address: 79 Kampong Bahru Rd, Singapore 169377

Hours:

Monday to Friday: 11am-3pm, 5:30am-10pm

Saturday: 5:30am-10pm

Sunday: Closed

Phone: 8048 1822

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