



CPF LIFE Plans: Compare Standard, Basic and Escalating

Description

Escalating payouts start lower and rise 2% each year; Standard payouts stay steady; Basic payouts become lower as CPF balances decline, particularly below S\$60,000. The best plan is the payout shape that fits essential spending and other income—not the highest first payment alone.

A CPF member approaching payout age and choosing among the three CPF LIFE plans faces a narrower question than the headline suggests: match payout shape to spending needs, inflation tolerance and other retirement income. The table separates the branches that change the answer before the practical checks and worked example.

Choose the branch before acting

Situation	Practical next step
Costs likely to rise and early budget can be lower	Model the Escalating Plan’s lower start and 2% annual growth
Need a stable nominal monthly amount	Compare Standard with a separate inflation buffer
Can reduce spending later and values the Basic structure	Model the point at which payouts decline
Unsure about amount or start age	Use CPF’s planner and compare plan plus start-age outcomes together

The plans differ by payout shape

CPF Board offers three current plans: Escalating, Standard and Basic. CPF LIFE is longevity insurance that pays for life, not an investment account promising a market return. The choice changes the timing and shape of payouts more than the basic purpose of protection against outliving savings. [CPF Board retirement lifestyle guide](#).

The Escalating Plan begins with a lower monthly payout that grows by 2% each year for life. That provides a built-in nominal increase, but a member must be able to fund the earlier years from the lower starting amount and any other income. [CPF Board retirement lifestyle guide](#).

Put inflation into actual dollars

The Standard Plan pays a steady nominal amount. It is easier to budget, but the same dollars may buy less over time. A retiree choosing Standard can separately reserve investments, cash or later income to address inflation rather than assume steady means constant purchasing power. [CPF Board retirement lifestyle guide](#).

The Basic Plan's payouts progressively fall as CPF balances are drawn down and fall below S\$60,000. CPF Board explains that about 10% to 20% of Retirement Account savings form the CPF LIFE premium under Basic, with remaining RA savings funding payouts until around age 90. [CPF LIFE official brochure](#).

Separate plan choice from start age

For a labelled illustration, S\$1,000 growing by 2% yearly becomes about S\$1,219 after ten increases and about S\$1,486 after twenty. This is arithmetic, not a quoted CPF payout. The actual starting amount and later payouts must come from CPF's personal planner. [CPF Board retirement lifestyle guide](#).

Plan choice is separate from payout start age. CPF payouts can begin from 65 to 70, and deferral can raise the monthly amount. Compare all combinations rather than choose a plan using one screenshot from age 65. [CPF Board retirement lifestyle guide](#).

Match essential expenses first

List essential monthly costs—housing, food, healthcare, transport and insurance—then match reliable income first. Use SRS withdrawals, investments, work or property income only after testing tax, variability, liquidity and effort. CPF LIFE should not be expected to cover every discretionary goal. [CPF Board retirement lifestyle guide](#).

Review nominations and household contingencies as well as your own payout. Remaining premium balance can be paid to beneficiaries, but the amount depends on payouts already received. Use CPF's personalised tools and current statements before making a final plan selection. [CPF Board retirement lifestyle guide](#).

Put the numbers or sequence to work

A member compares a hypothetical S\$1,000 steady payout with an Escalating starting amount of S\$850. The 2% path reaches about S\$1,036 after ten increases; exact cross-over depends on CPF's personalised figures. The member tests whether other savings can cover the earlier gap and refuses to choose from the S\$1,000 label alone.

The example is a planning model, not a quoted price, official calculator result, medical instruction or promised outcome. Replace its assumptions with the issued notice, live service, signed contract, current timetable or professional advice that controls the real decision.

Before you commit

1. List essential and flexible expenses
2. Open personalised CPF payout estimates
3. Compare all three payout shapes
4. Model 2% increases in dollars
5. Test start ages 65 to 70
6. Add other income and inflation buffers
7. Review the decision with household contingencies

A useful working note combines a **S\$1,000 ten- and twenty-year 2% payout illustration** with an **essential-expense-to-payout-shape decision matrix**. Enter only details that can be tied to a current document or live record.

Missteps that change the answer

- Choosing only by first-month payout
- Calling 2% a guarantee of purchasing power
- Ignoring Basic's declining pattern
- Mixing plan choice with start age
- Using an illustrative calculation as a quote

If one of these conditions appears, pause before payment, submission, travel or implementation and reconcile it through the relevant official service. Save the issued result or acknowledgement; a search snippet or forwarded screenshot cannot establish a current entitlement.

The decision to carry forward

Use the current official record to resolve match payout shape to spending needs, inflation tolerance and other retirement income. Save the dated result and revisit it when the underlying rule, timetable, account or personal facts change.

Related next steps

Once this decision is settled, you may need to [place the choice in a wider financial plan](#). The next adjacent check is to [compare the CPF LIFE starting-age trade-off](#).

Common questions

Which plan rises every year?

The Escalating Plan rises by 2% a year for life. [CPF Board retirement lifestyle guide](#).

Which plan is steady?

The Standard Plan provides a steady nominal payout. [CPF LIFE official brochure](#).

Can Basic payouts decline?

Yes. CPF Board explains that payouts fall as balances drop below S\$60,000. [CPF Board retirement lifestyle guide](#).

Rules, service details and schedules can change. Reopen the linked official page before acting when the date, eligibility, payment destination, safety instruction or live availability is decisive.

Date Created

29/07/2026

Author

rachelng

default watermark